



VANCOUVER FILM SCHOOL

# INFO SESSIONS

EDMONTON, OCTOBER 24



VFS.EDU/EDMONTON

# Edmonton metro



#IHADAMISCARRIAGE



Breaking the stigma one story at a time

metroLIFE

THURSDAY, OCTOBER 13, 2016

High 3°C/Low -1°C Meh

# The Great One is back

NHL

## Gretzky takes behind-the-scenes role with the Oilers



**Kevin Maimann**  
Metro | Edmonton

Wayne Gretzky returned to the Edmonton Oilers Wednesday — in statue form and human form.

After unveiling the bronze statue of The Great One hoisting the Stanley Cup in its new location in front of Rogers Place, the Oilers Entertainment Group announced Gretzky has taken a behind-the-scenes role as the organization's partner and vice chair.

"I'm privileged and proud to be back as an Oiler," Gretzky said, adding that his wife Janet, as well as Oilers owner Daryl Katz, encouraged him to take the position.

"We felt that this was a really

great opportunity for me to get back into the game and have a chance to do what we all want to do — win a Stanley Cup."

Fans lined up outside to catch the unveiling early Wednesday afternoon.

Gretzky was joined by his family and a group of his 1980s Oilers teammates, including stars Mark Messier, Jari Kurri, Paul Coffey, Glenn Anderson and Grant Fuhr.

He said he is not sure what his day-to-day job will be with the Oilers and that details will be figured out as they go along.

But Katz said Gretzky will work with him and Oilers Entertainment CEO Bob Nicholson on "all aspects of OEG business."

"This is a day that has been a long time coming," Katz said. "The Oilers family is honoured to welcome Wayne back into an official role with the organization."

The Oilers also unveiled the Rogers Place Hall of Fame Room Wednesday, featuring commemorative jerseys and plaques from glory days past.



**WHAT YOU PAY FOR**  
A 20 ounce beer

**WHAT YOU REALLY GET**  
Only 16 ounces

**ALLEGATION**  
That's what an Oilers fan claims in a video post on Rogers Place

**metroNEWS**

# We'll "Carrie" you to the concert

...take ETS to Carrie Underwood

Extra Capital Line LRT service. \$3.25 fare. Free parking from four locations. Learn more: [takeETS.com/downtown](http://takeETS.com/downtown)



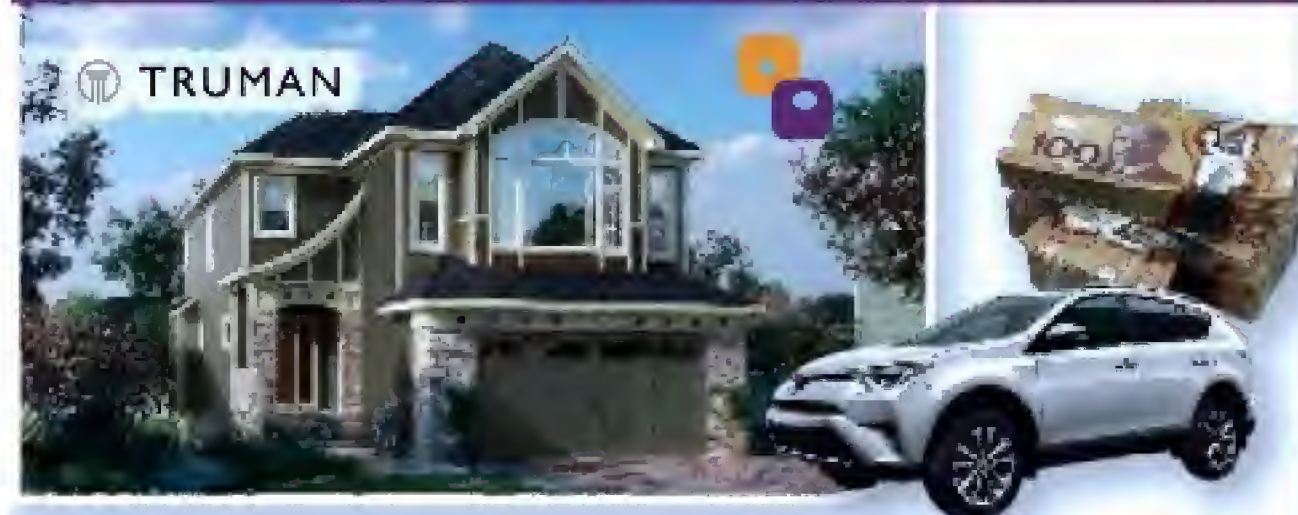




**TICKETS NOW STARTING AT \$75 EACH!**  
**FINAL DEADLINE TODAY!**

### Grand Prize #1

WORTH MORE THAN \$1.3 MILLION RETAIL!



CALGARY SHOWHOME  
109 WEST GROVE POINT SW

**PLUS** 2016 Toyota Rav4 Hybrid Limited  
**PLUS** \$5,000 Cash!

Vehicle supplied by Kingsway Toyota, Edmonton

### Grand Prize #2

WORTH MORE THAN \$1.3 MILLION RETAIL!



EDMONTON SHOWHOME  
605 HOWATT DRIVE SW

**PLUS** 2016 Toyota Camry LE  
**PLUS** \$5,000 Cash!

Vehicle supplied by Kingsway Toyota, Edmonton

### Grand Prize #3

**You  
Win 50**

WINNER TAKES  
HALF THE CASH!

**\$250,000 CASH**

Tickets Only:

\$10 each, 5 for \$25, 15 for \$50

View the real-time 50/50 cash counter at [cashandcarslottery.ca](http://cashandcarslottery.ca)

WIN UP TO  
**\$700,000  
CASH!**



Tickets are \$75 each, 3 for \$150, 6 for \$250, and ~~12 for \$375~~  
**[cashandcarslottery.ca](http://cashandcarslottery.ca) | 1.877.783.7403**

2016 Lottery Licence #432802 | 2016 You Win 50 Licence #432803 | 3,023 prizes worth more than \$4.2 Million

Please visit our website for lottery rules | ONLY IN ALBERTA





# Refugee's next step in his resettlement — jobs

IMMIGRATION

**Man says it's about changing how you look at people**



Bassel Saeygh hasn't sat still for long since arriving in Edmonton last December: He's weathered his first winter, started classes at the University of Alberta and volunteers in schools to help translate for Syrian students.

But like many newcomers, one big hurdle remains: A job. "I'd like to do something with business management. I'm getting a great start to learn here, and to get Canadian degree," he said.

On Tuesday, the Edmonton Chamber of Commerce gathered businesses and service providers from across Edmonton to discuss getting Syrian newcomers into the workforce.

It's an issue of growing urgency, as many supports provided by the federal government run out after a year, which for many is only a few months away.

Speaking as part of a panel discussion, Erick Ambtman, executive director of the Edmonton Mennonite Centre for Newcomers, said that many



**Bassel Saeygh** is a Syrian refugee who is currently doing a degree at the University of Alberta. He's already thinking about finding a job when he graduates. ALEX BOYD/METRO

refugees are skilled and eager to work, but barriers remain, like language skills.

Refugees also tend to have different needs than skilled immigrants, and are affected more by trauma and violence.

"It's not necessarily about changing the way you do busi-

ness, it's changing the way you look at people," he said.

Doug Piquette, executive director of the Edmonton Region Immigrant Employment Council, said he's heard from many businesses who are eager to help but aren't sure how.

His organization has created

a toolkit for employees looking to hire refugees.

"The immediate reaction at the time was, 'Let's get them jobs, that'll fix everything,'" he said. "But what we're saying is, yes they need work and that's a vital component to all of the refugee families, but there are

**“Here people just want to help you adjust very fast.”**

Bassel Saeygh

some steps that businesses need to be aware of."

The toolkit outlines everything from conducting culturally sensitive interviews and creating a welcoming workplace to briefing newcomers on how health and safety legislation works.

Saeygh is facing less of a time crunch, as he's on scholarship until he finishes his degree in HR management two years from now. But he said that his twin joined him last month — and has already started a masters degree at the U of A — and their parents and little brother are expected soon.

"I will need extra money when my family comes and my mom and dad don't speak English so they need someone who can work," he said.

But after working in "bad conditions" in Lebanon, where refugees aren't technically allowed to work, he's excited at the prospect of a job here.

"Here people just want to help you adjust very fast to be Canadian, so no, for me the Canadian environment is very good," he said. "I hope that all Syrians have the change to find a job."

HEALTH

## Flu season creeping up on city



Flu season is on its way and early indicators show it could be a rough one.

Alberta Health Services recorded 37 confirmed cases of influenza from Sept. 1 through Oct. 11, compared to only a handful of cases by the same time last year.

Chris Sikora, AHS Medical Officer of Health for the Edmonton Zone, said the numbers are still too small to say flu season has started.

The flu shot will not be available until Oct. 24.

### BY THE NUMBERS

**37**

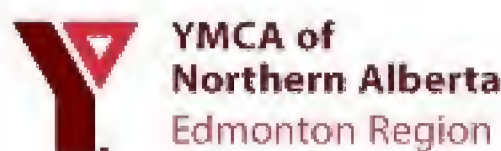
There have been 37 confirmed cases of the flu this fall in Alberta.

**18**

There were 18 cases in Calgary and 5 in Edmonton; 11 were hospitalized.

**1,600**

Last year, Alberta saw 1,600 hospitalizations and 62 confirmed deaths due to influenza.



**"I joined the YMCA because I knew my child would learn to swim in a fun and caring environment" #ThatsY**



**new members JOIN TODAY AND GET YOUR FIRST MONTH FREE\***

**Edmonton Locations**

Castle Downs Family YMCA  
11510-153 Avenue

Don Wheaton Family YMCA  
10211-102 Avenue

Jamie Platz Family YMCA  
7121-178 Street

William Lutsky Family YMCA  
1975-111 Street

[northernalberta.ymca.ca](http://northernalberta.ymca.ca)

\*Offer valid until October 31, 2016  
Some restrictions apply.  
Amenities vary by location.



VISIT OUR **NEW** CENTRE  
FOR APPLIED TECHNOLOGY

# OPEN HOUSE

**OCT 14**  
9 AM - 3 PM

**OCT 15**  
10 AM - 3 PM

MAIN CAMPUS • 106 ST & PRINCESS ELIZABETH AVE  
**FREE PARKING!**

**RSVP FOR YOUR CHANCE TO WIN  
A \$300 PREPAID MASTERCARD!**

Come to NAIT and visit our classrooms, leading-edge labs and facilities to experience the learning environment that gives NAIT students the edge. From interactive displays to exciting demonstrations, there's something for everyone.

[nait.ca/openhouse](http://nait.ca/openhouse)



A LEADING POLYTECHNIC  
COMMITTED TO  
STUDENT SUCCESS

## Speed up judicial appointments: MP

COURT

### Calls mount for feds to hire new judges

Calls are mounting for Ottawa to swiftly appoint more judges after a first-degree murder charge was stayed in Edmonton because of unreasonable delay in getting an accused to trial.

Alberta MP Michael Cooper, the Conservative deputy justice critic, is urging Liberal Justice Minister Jody Wilson-Raybould to immediately fill dozens of vacancies across the country, including at least nine on Alberta's Court of Queen's Bench.

"It's time for the minister to stop talking about appointing judges and actually get around to appointing judges," Cooper said.

A jury trial was to begin next week for 29-year-old Lance Matthew Regan, who was accused of stabbing to death fellow inmate Mason Tex Montgrand at Edmonton Institution in August 2011.

But on Friday a Court of Queen's Bench judge stayed the murder charge due to the long delay. That wait — more than 62 months — was more than twice as long as what a Supreme Court ruling this summer deemed reasonable.

In setting aside drug convictions in British Columbia for Barrett Richard Jordan, the top court laid out a new framework for determining whether a person's right to a timely trial had been in-



Alberta MP Michael Cooper. THE CANADIAN PRESS FILE

fringed.

It said an unreasonable delay should be found in cases that take 18 months in provincial court or 30 months in a superior court to get to trial from the time an accused is charged.

Wilson-Raybould said the government is working to modernize Canada's criminal justice system and address delays.

"This week I am meeting with provincial and territorial ministers of justice and public safety to address this very important question," she said in a statement issued by her office.

"In June, we filled pressing judicial vacancies at the federal level by drawing on existing lists of recommended candidates. Additional appointments will be announced in the near future.

"However, a concerted ef-

fort is required to tackle the many factors that contribute to delays in our courts."

Ian Savage, president of the Calgary-based Criminal Defence Lawyers' Association, figures there are 12 to 15 fewer judges than what Alberta's Court of Queen's Bench needs to handle its volume of cases in a timely manner.

He adds that resources are also tight at the provincial court level. And it's the worst possible time for there to be delays in Alberta's justice system, Savage said.

"Everyone knows that when the economy goes sour, crime rates — especially petty crime, property crime — go up because more and more people are out of work. More and more people are desperate to support themselves and their families and will turn to petty crimes to do that," he said.

THE CANADIAN PRESS

### POLITICS

#### Sandra Jansen vies for Alberta PC leadership

Calgary legislature member Sandra Jansen has joined the race to become the next leader of Alberta's Progressive Conservatives.

Jansen announced Wednesday that she wants to focus on rebuilding the party without abandoning principles.

Jansen joins four other contenders in the race to replace former premier Jim Prentice. Fellow MLA Richard Starke, former MLA Donna Kennedy-Glans, former Calgary MP Jason Kenney, and Calgary lawyer Byron Nelson have already announced they are running.

THE CANADIAN PRESS

TRANSIT

## Fort Saskatchewan joins U-Pass deal



**Ameya Charnalia**  
For Metro | Edmonton

Transit for post-secondary students in Edmonton commuting from Fort Saskatchewan just got a little cheaper.

Fort Saskatchewan city council passed a motion Tuesday allowing students attending universities and colleges in Edmonton to use their U-Pass to take transit into the city.

It's the latest municipality in the capital region to join an existing partnership between the cities of Edmonton and St. Albert and

Strathcona County which allowed students unhindered use of transit with their pass.

Students pay for the pass as part of their tuition.

It will allow many students in the city to save money and decrease their debt load, said Fort Saskatchewan Coun. Arjun Randhawa.

"Any time we can open transportation and transit opportunities for students, postsecondary students in particular, I think that's a huge win-win for any community."

The agreement comes into effect on Jan. 1, in time for the winter semester.



# Sears **BONNIE DOON SHOPPING CENTRE**

STORE HOURS: MON-FRI 10:00 AM - 9:00 PM SAT 9:30 AM - 6:00 PM SUN 11:00 AM - 5:00 PM **82ND. AVE. & 83RD. ST.**

## **STORE CLOSING** **OUR CLOSE DATE IS DECEMBER 24**

### **50% OFF**

the lowest ticketed price on all

**Women's dresses  
and dress wear**

### **50% OFF**

the lowest ticketed price on all

**Men's  
dress wear**

### **60% OFF**

the lowest ticketed price on all

**Women's  
dress shoes**

### **50% OFF**

the lowest ticket price on selected

**Men's & Women's  
Wool Outerwear,  
Down Vests  
and Bombers**

### **50% OFF**

the lowest ticketed price on all

**Children's Hats,  
Scarves, Mitts  
and Gloves**

**Lagostina®  
12 piece  
cookware set**

Regular price \$799.99

**NOW \$249.99 set**

Limited quantity, #13291

### **50% OFF**

the lowest ticketed price on selected

**Kitchen  
Linens**

**UP TO  
60% OFF**

the original Sears Prices on selected

**Major  
Appliances**

Some items may be reconditioned or refurbished

### **40%-60% OFF**

the original Sears Prices on

**All Home  
Furniture**

Some items may be reconditioned or refurbished

**PRICES IN EFFECT OCT 13 - 19**

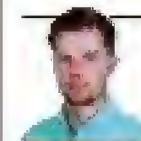
*While quantities last*

Personal shopping only. Savings offers do not include Parts & Service or Sundry Merchandise, Items with #195XXX & Sears 'Value' Programs with prices ending in .97. All merchandise sold "as is" and all sales final. No exchanges, returns or adjustments on previously purchased merchandise; savings offers cannot be combined. No dealers; we reserve the right to limit quantities. Prices do not include home delivery. Although we strive for accuracy, unintentional errors may occur. We reserve the right to correct any error. 'Reg.', 'Was' and 'Sears selling price' refer to the Sears Catalogue or Retail store price current at time of merchandise receipt. Offers valid at Sears Bonnie Doon Store © Sears Canada Inc., 2016. All rights reserved.



## GOVERNMENT

## Limo use persisted despite directive



**Jeremy Simes**  
For Metro | Calgary

The Alberta government is either window dressing or someone isn't following the province's directive, according to the Alberta director of the Canadian Taxpayers Federation (CTF).

On Thursday, Metro reported taxpayers spent more than \$50,000 for a Calgary limo company to chauffeur board members to mental-health hearings in Southern Alberta. The \$50,000 was expensed from Jan. 5, 2015 to June 20, 2016.

Paige MacPherson, Alberta director of the CTF, has been tracking the expenses since February.

In a statement Wednesday, Health Minister Sarah Hoffman said a directive was sent in February that travel should be by the most direct, practical and cost-effective method. A second directive made recently was that expenses for private town cars aren't acceptable to taxpayers.

## Online outrage over video of 20 oz. beer cup filled to 16 oz.



**Kevin Maimann**  
Metro | Edmonton

Some Oilers fans are blowing their lids after a video posted online allegedly showed they were getting short-changed on beers.

Brad Kwasnycia, who has been a season ticket holder for 10 years, made a video showing his 20 oz. beer cup — priced at \$11 — was only filled to the 16 oz. line.

He claims this happened at the Keith Urban concert as well as the Oilers game against the Winnipeg Jets. When he asked about it the second time, he said the server told him she was instructed to only fill to the 16 oz. line.

A friend of his posted the video to Facebook, where it had been viewed nearly 120,000 times and shared

about 1,500 times by noon Wednesday.

"When I'm told that they're not allowed to fill a cup to the top when they're selling it, I have an issue with that because then they're intentionally short-changing their customers," Kwasnycia said.

"If you're short-pouring across thousands and thousands of draughts, somebody's making a lot of money there that they shouldn't be making."

Some commenters on the Facebook post said they had similar experiences at Rogers Place, while others claimed their beers were filled to the brim.

Some also griped about the pricing of other items, including \$7.50 bottles of Gatorade and \$5 bottles of water.

Kwasnycia said his season ticket price increased 35 per cent at the new arena for a similar spot he had at Rexall Place — where his beers were always filled.

"They've increased the prices quite a bit in the new arena," he said.

"If I'm going to pay the prices, I want to make sure I'm

**If you're short-pouring across thousands and thousands of draughts, somebody's making a lot of money.**

Brad Kwasnycia

getting everything I pay for."

A spokesperson with Aramark, the company that provides food and drinks at Rogers Place, emailed Metro a statement saying staff have poured 70,000 beers since Rogers Place opened and overall feedback from guests has been positive.

"While we provide our staff with training to properly pour and serve beer, we take our guests' experience very seriously and will continue to provide our staff with coaching on proper techniques for pouring and serving beer," read the statement from David Freireich.



**Brad Kwasnycia says a Rogers Place server told him she was told to only fill his 20 oz. beer cup to the 16 oz. line.** ISTOCK

[illegible]



At *Denny Andrews*   
**We make it EASY!**

# **FALL TRUCK/SUV SALES EVENT**

## **2016 EDGE**

#16ED008

MSRP \$34,739



DENNY'S EASY  
FALL PRICING

**\$26,888!**

## **2017 EXPLORER**

**4X4** #17EX031

MSRP \$39,339



DENNY'S EASY  
FALL PRICING

**\$35,929!**

## **2016 F150 SUPERCAB**

#16FL075

MSRP \$39,799



DENNY'S  
EASY FALL PRICING

**\$26,987!**

## **2017 ESCAPE**

#17EP083

MSRP \$26,989



DENNY'S EASY  
FALL PRICING

**\$24,989!**

## **2016 F150 SUPERCREW**

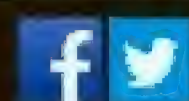
#16FS260

MSRP \$41,829



DENNY'S EASY  
FALL PRICING

**\$28,987!**



**Denny Andrews**



**182 ST. & STONY PLAIN ROAD 780-489-9999**

**TOLL FREE:**  
**1-800-252-9303**

**www.dennyandrewsford.com**

OPEN MONDAY-THURSDAY 9-9, FRIDAY 9-7, SATURDAY 9-6, SUNDAY 11-5

**SERVICE DIRECT:**  
**930-3167**

All offers and prices reflect all rebates and incentives deducted and assigned to dealer including non-stackable cash and winter safety cash alternative. In stock only. 30% off based on MSRP. Plus applicable taxes. See dealer for details. Vehicle may not be exactly as illustrated. Offer in effect Wednesday, October 12 thru Sunday, October 16, 2016.





# 'It's a welcoming space'

## DEVELOPMENT

### Parking-free building gets ready for tenants



**Alex Boyd**  
Metro | Edmonton

A new parking-free building of mini apartments right off Whyte Avenue is getting ready to welcome its first tenants next month.

In a city with a reputation for loving trucks and square footage, developer Chris Dulaba said they're going after a market that hasn't always been well-served.

"It's much more than a microsuite apartment, it's about creating a well-designed, functional space and that's what a lot of apartments don't do," said Dulaba, who's with Beljan Development.

Units range from 322 to 438 square feet, but he points to elements like big windows,



One of the new suites at the Crawford Block off Whyte Avenue. ALEX BOYD/METRO

high ceilings and well-designed storage that make the space livable. Rent starts at about \$1,100.

While this isn't a building that would work in the suburbs, he points to its location — tucked behind Gravity Pope and El Cortez, across

**“It's about creating a well-designed, functional space.”**

Chris Dulaba

the street from the Strathcona Farmer's Market — as a walker's paradise.

"It's that range of people from the 20-something up to people in their 40s who live in the area who have that type of lifestyle, they travel a lot for work or pleasure and

don't need a lot of physical space," he said.

Two rooftop patios function as communal space for when tenants want to get out of their place but don't want to leave the building, he said.

The entrance is currently in the back of the building, but there are plans to add a walkway and retail space to create a pedestrian-friendly space.

In lieu of parking, the building will also have a secure bike parkade with a repair station.

"It's well lit and it's a welcoming space, it has to be as good as a parkade for vehicles, or better, in our opinion," he said.

Realtor Jackie Ng, who specializes in condos, said that the market of people looking for smaller, more walkable places is somewhat "untapped" in the city.

"It's not necessarily based on the small space, they're buying based on convenience," he said. "It's based on 'I like would to be in the middle of the action, and I want it to be affordable,'" he said.

## REZONING

### Residents want better notice



**Ameya Charnalia**  
For Metro | Edmonton

A Boyle Street resident says the city should do more to inform people about large-scale rezoning consultations in the area.

Joelle Reiniger said she did not receive a mailout from the city about an open house being held next week, where residents will be asked for their input on a proposed 80-storey, mixed-use tower at Jasper Avenue and 96 Street.

"It's important that there be meaningful consultation with the Boyle Street community."

For the project to go ahead, the city will have to amend several area redevelopment plans, including one for the Quarters area just east of downtown, which was given the green light by city council in 2009.

Travis Pawlyk, a senior planner with the city, said a mailout was sent to all residents within a 240-metre radius of the site.

An open house will be held at the Russian Orthodox Cathedral of St. Barbara on Monday at 6:30 p.m.

NOW YOU HAVE A SPECIAL APP-TITUDE FOR BEAUTY  
SAVE DURING OUR MOTORIZATION EVENT



GET A REBATE UP TO \$500 WHEN YOU PURCHASE  
MOTORIZED WINDOW COVERINGS  
POWERED BY SOMFY®!

Schedule your FREE Consultation today!  
866-514-4741 // Motorize2016.com

**Budget  
Blinds**

Canada's #1 Choice for Window Coverings

In-Home Consultation Expert Measuring Professional Installation The Strongest Warranty

\* Applies to selected Somfy® window treatments by Budget Blinds®. Rebate of \$1,000 or more quality less rebate of \$100, per level of \$2,500 or more quality less rebate of \$250, and per level of \$5,000 or more quality less rebate of \$500. Some restrictions may apply. See details for valid with any other offers, discounts, or coupons. Valid for a limited time only. Offer good on new installations only. For participating franchises only. ©2016 Budget Blinds, LLC. All Rights Reserved. Budget Blinds is a trademark of Budget Blinds, LLC and/or Home Franchise Concepts Brand. Each franchise independently owned and operated. Franchise opportunities available.

## WHERE ARE YOU GOING TO COLLEGE THIS FALL?

Discover your opportunities at  
Academy of Learning Career College

### CAREER PROGRAMS IN:

- Healthcare
- Business
- Accounting
- Technology
- Legal
- Hospitality Management
- Insurance
- Marketing
- Web Design
- and more!

**BE JOB READY IN  
6 TO 12 MONTHS**



**Academy  
OF LEARNING  
CAREER COLLEGE**

CALGARY NE (403) 569-8973  
CALGARY SOUTH (403) 252-8973  
RED DEER (403) 347-6676

[www.academyoflearning.ab.ca](http://www.academyoflearning.ab.ca)





MAKE  
IT AN

# Indigo weekend

Indigo
Chapters
Coles
indigo.ca

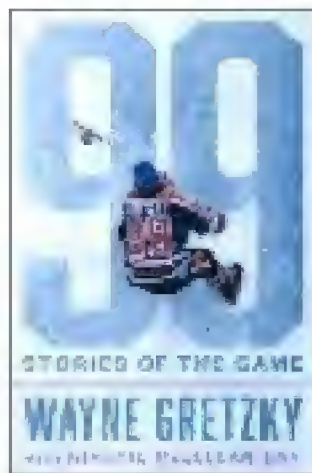
TO SEE THIS WEEKEND'S EVENTS VISIT  
[INDIGO.CA/WEEKEND](http://INDIGO.CA/WEEKEND)

ON NOW

## GET A FREE \$10 BONUS CARD

WHEN YOU SPEND \$40 IN-STORE<sup>1</sup>  
OFFER ENDS OCTOBER 23

AVAILABLE  
THIS SATURDAY



99: STORIES OF THE GAME  
WAYNE GRETZKY

99: STORIES OF THE GAME  
The NHL's greatest moments from  
Wayne Gretzky's point of view.  
**NOW \$21 REG \$35**

JOIN US!  
11AM – SAT. OCT. 15

**IndigoKids**  
PRESENTS



Pyjama Jam  
Storytime

WEAR YOUR PJS AND GET READY  
TO LAUNCH WITH AN OUT OF THIS  
WORLD STORYTIME AND ACTIVITY!<sup>2</sup>

## READ THE NORTH

*Great new books by  
our country's best authors*







HAG-SEED **NOW \$25** REG \$29.95; ROAD TRIP RWANDA **NOW \$15** REG \$21; WHEN THE MUSIC'S OVER **NOW \$25** REG \$29.95;  
THE RETURN OF HISTORY **NOW \$20** REG \$24.95; THE WONDER **NOW \$25** REG \$32.99

SNAP & SHARE YOUR #INDIGOWEEKEND   /@CHAPTERSINDIGO FOR A CHANCE TO WIN 1 OF 4 \$100 GIFT CARDS  
AND \$100 WORTH OF PLUM POINTS. VISIT [INDIGO.CA/INDIGOWEEKENDCONTEST](http://INDIGO.CA/INDIGOWEEKENDCONTEST) FOR FULL CONTEST RULES.

Offers valid while quantities last now through October 17, 2016 in-store and at indigo.ca, unless otherwise indicated. No price adjustments on previous purchases. <sup>1</sup>Offer valid in-store (excluding kiosk orders) with \$40 purchase or more of eligible product(s), before taxes and after discounts. Excludes American Girl® services, gift cards, rewards memberships, and Love of Reading products and donations. Limit one card per transaction. Card valid October 24-30, 2016 in-store and at indigo.ca. Some exclusions apply, see reverse of card for details. <sup>2</sup>At participating Indigo & Chapters locations (Coles and IndigoSpin stores excluded). Children under the age of 16 must be accompanied by an adult. Event materials may be limited and events are subject to cancellation or change without notice. Indigo, Chapters, Coles and indigo.ca are trademarks of Indigo Books & Music Inc.



# Women of Canada, these are the top five cities for you

## LIVABILITY

## But Windsor, Ont. scores worst in study



**Wanyee Li**  
Metro | Vancouver

Victoria tops the list of best Canadian cities for women to live for the second year in a row due to the high ratio of government workers and public sector jobs in the city, according to a study by the Canadian Centre for Policy Alternatives (CCPA).

Vancouver came in at ninth place while Montreal was sixth and Toronto was 11th. Windsor came in last as the worst Canadian city for women.

Researchers took measured five factors in each city to come up with the list — economic security, leadership, access to health, security against violence, and education.

Overall, Canada has a lot of work

to do when it comes to reducing sexual harassment against women and allowing women to hold leadership roles both in the private and public sector.

Women have actually reversed the gender gap in education — women have higher levels of education than men — but that hasn't translated into leadership roles, said Iglia Ivanova, senior economist at CCPA's B.C. office.

"We find that women still are under represented in management and politics even though they are highly educated... and in the last year we've had high profile women in public life complaining about sexual harassment," she said.

"These are things where we still have a long way to go."

But Victoria stands out because women who live there are more likely to hold leadership positions. For instance, women hold 44 per cent of the elected government positions in Victoria's city council, according to Ivanova.

"(Victoria) also has the smallest wage gap between men and women. We think this is because there is a lot of government employees

there," she said.

"Previous research from our organization has shown that in unionized public sector positions, the gender gap in wages is much lower than in the private sector."

That means provincial capitals and Ottawa tend to do better in gender inequality surveys, said Ivanova.

A lack of economic wellbeing for women has real consequences, she said, pointing to the link between a gender wage gap and violence against women.

"They are related. For example

not being able to support yourself as wage earners is why some women stay in violent relationships."

Windsor came in last as the worst Canadian city for women in the CCPA report.



## Bains begs for help with public 'pushback' on immigration



**Navdeep Bains** CANADIAN PRESS

Canada's economic development minister says the federal Liberal government is encountering public "pushback" on its immigration plans from Canadians who fear for their jobs.

Navdeep Bains says newcomers create jobs in Canada and is urging people to see immigration not as a social issue, but as a key driver of economic growth.

Bains is asking the business community to help sell immi-

gration as something that can increase prosperity and opportunity for Canadians.

He says people need to understand that bringing in newcomers will give the country a competitive advantage.

The minister says the government has to do a better job of telling that story.

Bains made the comments today while speaking to business leaders at a economic summit in

Ottawa sponsored by the Public Policy Forum.

"The honest truth is there is still reluctance around immigration policy," Bains said. "When we want to talk about immigration and we say we want to bring more immigrants in because it's good for the economy, we still get pushback."

He asked his audience to pitch in.

"I need your help, and the

help of many in this room, to change that conversation, because I can tell you I'm hitting a bit of challenge within government in having this conversation."

Some worry that immigration might be viewed negatively because there is high unemployment in some parts of the country.

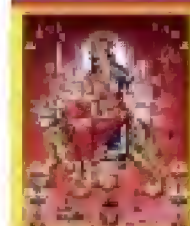
That's what needs to change, he said. THE CANADIAN PRESS

### + FUNDING

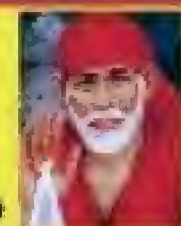
Federal and provincial immigration ministers have met in Winnipeg to discuss rising immigration numbers and support programs. Manitoba's minister, Ian Wishart, says provinces have concerns about funding language, training and other support programs.

THE CANADIAN PRESS

## ASTROLOGER & SPIRITUAL HEALER Pandit: Sai Ram ji



**IF YOU HAVING PROBLEMS  
HE HAS A SOLUTION!!  
100% GUARANTEED**



- \* Husband & Wife Problems
- \* Stop Separation & Divorce
- \* Children, Couples
- \* Education & Business
- \* Vashikaran Expert
- \* Drinking Problem
- \* Sexual Problem
- \* Jealousy, Enemies
- \* Lifetime Protections
- \* Bringing Loved Ones Back
- \* Removal Black Magic & Spirits Exports



**780.884.4472**

### IN BRIEF

#### Liberals urged to think big on infrastructure

A federal policy think tank says the federal Liberal government's cornerstone economic policy could be dead in the water without a strategy on how to spend billions in new infrastructure money. The Public Policy Forum argues for the need for a pan-Canadian infrastructure strategy over the next three decades to ensure governments spend on projects that will produce long-term gains. The Liberals have made infrastructure spending central to their plan to create jobs and prod the sluggish Canadian economy. THE CANADIAN PRESS

## EQUALITY

## Diversity promised in research

**Genna Buck**  
Metro | Toronto



In a competition for 11 new Canada Excellence Research Chair (CERC) positions, there will be a stronger emphasis on equity and diversity, federal Science Minister Kirsty Duncan announced at a University of Calgary event Wednesday. But she offered few details about how this will be achieved in practice.

Of the current CERC recipients — top scholars from around the world lured to Canada with \$10 million in non-renewable research funding spread over seven years

— 26 are men and only one is a woman.

From now on, institutions applying for CERCs will have to submit "detailed equity plans and recruitment strategies" for women and other underrepresented groups, such as indigenous people, Min. Duncan said in a phone interview with Metro.

"In 2016, that number is simply unacceptable. We are a government that values research, science, equity and diversity," she said.

Universities will have to detail the efforts they will make to ensure any future chairholder and their team of 40-plus researchers "does indeed look like today's Canada," the

minister added, though no specific equity and diversity targets have been released.

Duncan declined to say how many female CERC recipients she would be happy with, out of 11, but stated she's been clear in her expectations and the group will not, once again, be more than 90 per cent men.

Trudeau broke new ground last fall when he appointed a cabinet with equal numbers of men and women.

He has also promised that gender equality and greater diversity will be key considerations in appointments to the Supreme Court and the Senate.

WITH FILES FROM THE CANADIAN PRESS



A photograph of Gord Downie, a man with a beard and glasses, wearing a black baseball cap and a denim jacket. He is smiling and looking slightly to the right. The background is a blurred studio setting with various equipment and lights.

# Gord Downie

**EXCLUSIVE**

Gord Downie and Peter Mansbridge talk about life, The Tragically Hip, music and Gord's latest project, Secret Path.

**The National**  
with Peter Mansbridge

**TONIGHT**  **news**



## SYRIA

## Militant drone attacks reveal fresh threats

French and Kurdish forces in northern Iraq were attacked by an exploding drone, the Pentagon said Wednesday, adding a new worry to the wars in Iraq and Syria as militant groups learn to weaponize their store-bought drones.

Air Force Col. John Dorrian, the spokesman for the U.S.-led military coalition in Iraq, said an improvised device on a drone exploded after it was taken back to a camp near the Iraqi city of Irbil. He called it a Trojan Horse-style attack.

Two Kurds were killed in that incident on Oct. 2, according to a U.S. official, who said the drone looked like a Styrofoam model plane that was taped together in a very rudimentary style. The official said it appeared to be carrying a C-4 charge and batteries, and may have had a timer on it.

That official was not authorized to discuss the incident publicly so spoke on condition of anonymity.

France's presidential spokes-

man, Stephane Le Foll, said Wednesday that two French special forces were seriously injured in the explosion.

The U.S. has seen militants use a variety of improvised drones and modified drones, Dorrian said, adding, "there's nothing very high tech about them."

"They can just buy them as anybody else would," he told reporters Wednesday. "Some of those are available on Amazon."

While militants with drones are not a significant military threat, Dorrian said the U.S. and its partner countries are taking it seriously.

While militants with drones are not a significant military threat, Dorrian said the U.S. and its partner countries are taking it seriously.

Chris Woods, the head of the Airwars project, said, "there are a million ways you can weaponize drones — fire rockets, strap things in and crash them."

THE ASSOCIATED PRESS

### IN BRIEF

#### Burundi lawmakers vote to withdraw from ICC

Lawmakers in Burundi overwhelmingly voted Wednesday in support of a plan to withdraw from the International Criminal Court, something no country has ever done. The decision escalates a bitter dispute with the international community over the human rights situation in the country, which has seen more than a year of deadly violence. The ICC prosecutes cases of genocide, war crimes and crimes against humanity. THE ASSOCIATED PRESS

#### Lawyers for Paris attacks suspect won't defend him

Lawyers for the only surviving suspect in last November's attack in Paris say they will no longer defend him because he refuses to speak.

Frank Berton and Sven Mary said they've decided to stop representing Salah Abdeslam, who has remained silent to protest his prison conditions, including 24-hour video surveillance. Berton said Abdeslam was psychologically damaged by his detention.

THE ASSOCIATED PRESS



Hurricane Matthew victims wait to receive food from the UN's World Food Programme in Roche-a-Bateaux, in Les Cayes, in the south west of Haiti, on Wednesday. The first major handout of food aid took place along Haiti's storm-wrecked southwest coast but supplies were still far short of what was needed by the thousands of starving people. AP/GETTY IMAGES

# Haiti situation is 'not looking good'

## NATURAL DISASTER

### Cholera pandemic worsened by hurricane

Hurricane Matthew first took the home of Sonette Crownal in a town on Haiti's southern coast. Then cholera came for her baby.

The 25-year-old market vendor and her family were still taking stock of their losses after the storm when she noticed that Peter James, just 10 months old, was showing symptoms of a disease that health authorities say is surging in the wake of the storm.

"When I saw the symptoms and knew what was really going on, then I got scared,"

Crownal said as she cradled the boy in her arms at a Les Cayes cholera treatment centre on Tuesday. About 20 people, some still listless from the disease, lay on cots under a metal roof as a fan cooled the tropical heat.

Cholera is caused by bacteria that produce severe diarrhea and is contracted by drinking contaminated water or eating contaminated food. It can lead to a rapid, agonizing death through complete dehydration, but is easily treatable if caught in time.

The Category 4 storm has killed at least 473 people, according to national emergency officials, and the wreckage it left behind has created the perfect conditions for spreading the water-borne disease. Matthew sent rivers and outdoor latrines overflowing across the

mountainous landscape. Cholera-contaminated water has leached into people's drinking wells.

Many thousands of people whose homes were ruined are sharing close quarters with family and friends, the kind of proximity amid poor sanitation that aids in transmission. Already reports have been trickling in that the disease is spiking.

The World Health Organization says at least 200 suspected cholera cases have been reported across southwest Haiti since Matthew hit and it has pledged to send 1 million doses of cholera vaccine to Haiti.

"It is not looking good," said Dr. Unni Krishnan, director of Save the Children's Emergency Health Unit in Haiti.

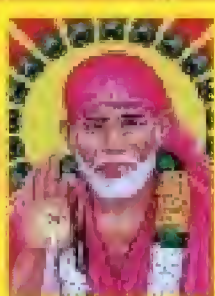
And cholera is not the only health emergency in the coun-

try. Krishnan and others warn about growing malnutrition because of widespread damage to crops and livestock, as well as fishing boats and gear, depriving many of their livelihoods in a country where more than half survive on less than \$2 a day.

Also complicating matters are shortages in hospitals and clinics ill-equipped to respond to the spike in cases. Many people in remote communities have trouble reaching treatment.

Doctors Without Borders opened a cholera treatment centre in Port-a-Piment. As of Tuesday, medical staff had already cared for 87 patients. Paul Brockmann, director of the organization's mission in Haiti, said the looming wet season may make it worse still.

THE ASSOCIATED PRESS



**UNIQUE SPIRITUALIST, PSYCHIC & FORTUNE TELLER**

**Pandit: RAVI SHANKAR**

Now your past, present & future.  
100% Removes black magic.

<b>I REMOVE PROBLEMS:</b> <ul style="list-style-type: none"> <li>• Bad luck</li> <li>• Depression</li> <li>• Suffering</li> <li>• Embarrassment</li> <li>• Hard time</li> <li>• Black magic</li> </ul>	<b>I GIVE SOLUTIONS:</b> <ul style="list-style-type: none"> <li>• Witch craft</li> <li>• Jadoo</li> <li>• Evil spirit</li> <li>• Evil eye power</li> <li>• Jealousy</li> <li>• Curse etc...</li> </ul>	<ul style="list-style-type: none"> <li>• Business</li> <li>• Health</li> <li>• Financial matter</li> <li>• Job</li> <li>• Lotto number</li> <li>• Spousal conflicts</li> <li>• Love &amp; marriage</li> </ul>	<ul style="list-style-type: none"> <li>• Education</li> <li>• Child mistake</li> <li>• Family problem</li> <li>• Court case</li> <li>• Divorce</li> <li>• Miscarriage</li> </ul>
--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

**If you have belief in yourself, come & meet me & get 100% solutions. SORT OUT ANY KINDS OF PROBLEM IN 48 HOURS. SATISFACTION 100% GUARANTEED. NOBODY BREAK MY WORK.**

**GOD IS BELIEF, BELIEVE IS ASTROLOGY.**  
Open 7 days a week 10am - 8pm - Call for appointment

**780-905-7279**



## Fireproof boxes sent for Samsung phones

RECALL

### Kits conform with rules for lithium ion batteries

Samsung Electronics said Wednesday it is sending fire-resistant packages to its customers in the U.S. as a precaution against possible fires or explosions from Galaxy Note 7s they return to retailers.

Samsung is offering prepaid shipping boxes as an option for U.S. consumers who purchased the phones on its website, Samsung.com. It said consumers who purchased their Note 7 phones from mobile carriers should visit the carriers' websites for recall instructions.

On Tuesday, Samsung said it was discontinuing the Note 7 phones just two months after their launch, after two recalls and many reports of fires. Samsung must now deal with receiving back more than 1.5 million Galaxy Note 7 phones, both the original ones and those issued as replacements. Most were sold in the U.S. and South Korea.

A video on YouTube dated Tuesday shows a man it says is at the XDA Developers office in the U.S., unpacking a kit containing a static shield bag, thermally insulated boxes,



A customer inquires about returning a Samsung Note 7 in a store below the company's headquarters in Seoul. AP/GETTY IMAGES

**We have just received this crazy Galaxy Note 7 return kit.**

Man in a YouTube video

gloves and instructions for ground shipping only.

"We have just received this crazy Galaxy Note 7 return kit," the person said in the video.

According to the XDA De-

velopers forum, Samsung's packing instructions say the Note 7 should be put in the static shield bag and then in a box labeled "OEM Replacement" to be put inside an "Inner Box" and a "Recovery Box." Shipping companies reportedly had complained they did not want to handle Note 7 returns because of fire concerns.

Samsung said the packaging kits conform with U.S. requirements for shipping lithium-ion batteries or devices containing them that are subject to a recall.

THE ASSOCIATED PRESS



A damaged Samsung Galaxy Note 7. THE ASSOCIATED PRESS

MONEY

## Brits put new spin on five-pound note

The value of the British pound sterling may have been dropping in recent weeks but imaginative Brits have found a way to put cash to work: It turns out the new plastic five-pound-note can be used as a stylus to play vinyl records.

A number of YouTube videos have been posted in recent days showing the new note "playing" music on a turntable, though it must be said the fidelity does not match sound produced by expensive equipment.

The plastic note is illustrated with images of Queen Elizabeth



Brits have discovered the new plastic £5 note can be used as a stylus to play vinyl records. YOUTUBE.COM

II and Winston Churchill. It was introduced last month to generally favourable reviews. THE ASSOCIATED PRESS

### Service Directory

To advertise call 780-702-0592

ASTROLOGY

### ASTROLOGER & PSYCHIC READER

WORLD FAMOUS ASTROLOGER & FORTUNE TELLER

KNOW YOUR PAST, PRESENT & FUTURE

**Pandith: SHIVA BABJI**

PALM READING \* FACE READING \* HOROSCOPE  
PASSED DOWN FROM GENERATION TO GENERATION

IF YOU HAVE ANY PROBLEM,  
VISIT ME ONCE & GET IT SOLVED 100% GUARANTEED

Love Problems, Money Problems, Enemy Problems, Family Argument, Childless Couples, Business Problems, Jealousy, Property, Marriage, Sexual Problems, House Problems, Worried about Loved One, Husband / Wife Matters Etc.

PRIVATE & CONFIDENTIAL

100% REMOVAL OF BLACK MAGIC AND

EYE LINE LONG PROTECTION

SPECIALIZED IN BRINGING BACK LOVED ONES

CALL NOW! Open 7 DAYS 9 AM TO 7 PM

**780-906-2846**

45 Street at Intersection of 121 Ave NW Edmonton

FINANCIAL

\$750 Loan and more

No credit check

Open 7 days from 8 to 8 (EST)

1-855-527-4368

**credit700.ca**

Call us or apply online

www.credit700.ca

ASTROLOGY

EDMONTON'S #1 PSYCHIC & ASTROLOGER

**Pandith: Seetharam**

Master Removes BLACK MAGIC Jadoo, Voodoo Tona

Obeya Witchcraft & Gives 100% Lifelong Protection

I CAN HANDLE ANY KIND OF PROBLEM

BEST SOLUTIONS FOR YOUR BEST FUTURE

\*Love Husband-Wife \* Relationship \* Marriage \* Court \* Teenage Issues

\*Job \* Money \* Health \* Jealousy \* Lucky \* Number \* Enemy \* Depression

\*Promotion \* Business \* Sexual \* Personal Matters 100% GUARANTEE

**780-908-7176** OPEN 7 DAYS, 9 AM TO 9 PM

Lakewood Road North, Millwoods NW

### market minute

**DOLLAR**  
75.42¢ (-0.10¢)

**TSX**  
14,618.97 (+69.37)

**OIL**  
\$50.18 US (-61¢)

**GOLD**  
\$1,253.80 US (-\$2.10)

**NATURAL GAS:** \$3.21 US (-3.0¢)  
**DOW JONES:** 18,144.20 (+45.54)

TRAVEL

## Site shuns wildlife bookings

Travel website TripAdvisor says it's taking a stand against animal exploitation by no longer selling bookings to attractions where travellers can make physical contact with captive wild animals or endangered species.

The TripAdvisor policy, announced Tuesday, is in line with increasing public sentiment against the exploitation of wild animals to entertain people. SeaWorld this year an-

nounced it would stop using killer whales for theatrical performances, while Ringling Bros. and Barnum & Bailey Circus last year stopped using elephants.

TripAdvisor will cease booking some attractions immediately, but the policy, which may affect hundreds of businesses, takes full effect early next year.

In announcing the policy, which also applies to the affiliated Viator booking website,

TripAdvisor specifically mentioned elephant rides, swim-with-the-dolphins programs and tiger petting.

The policy does not apply to zoos and domesticated animals, such as horseback rides, and has exemptions for children's petting areas, aquarium touch pools and other attractions with educational benefits where visitors are professionally supervised.

THE ASSOCIATED PRESS

metro

Tell us how you really feel.

Join our online reader panel and help make your Metro even better.  
metronews.ca/panel

**DOMINION LENDING CENTRES**  
Mortgage Force

CALL 780-466-9898

OR VISIT US ONLINE

www.mortgageapplyonline.ca

Independently Owned and Operated

**NEED MONEY?**  
Banks Turned You Down?

1ST & 2ND MORTGAGES

BAD CREDIT? NO PROBLEM

**NO UP FRONT FEE**

**BEHIND ON PAYMENTS?**

**FACING FORECLOSURE?**

**WE CAN HELP!**

\*Some conditions apply



**Capital  
Auto Loans**

- ✓ 100% Approval Rate as of August 5th, 2016
- ✓ 1000+ New Vehicles
- ✓ \$10,000 Cash
- ✓ All Makes & Models
- ✓ Apply in 60 seconds
- ✓ 200+ Certified Pre-owned

**1.866.722.5364**

**www.CapitalAutoLoans.ca**

**Capital  
Auto Loans**

- ✓ 100% Approval Rate as of August 5th, 2016
- ✓ 1000+ New Vehicles
- ✓ \$10,000 Cash
- ✓ All Makes & Models
- ✓ Apply in 60 seconds
- ✓ 200+ Certified Pre-owned

**1.866.722.5364**

**www.CapitalAutoLoans.ca**



# Employee Pricing Plus 20% Off

For a limited time.



**2016 CHRYSLER 200 LIMITED**

**\$24,987** 16Q1384 **\$130** bw **WAS \$32,680**



**2016 DODGE GRAND CARAVAN**

**\$24,812** 16GV3818 **\$137** bw **HEAD REST DVD**



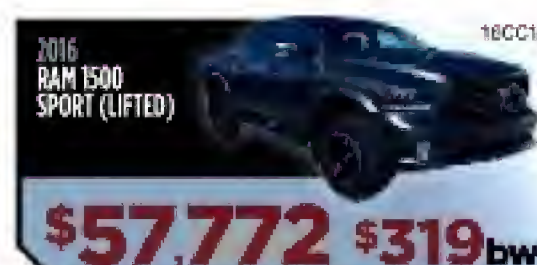
**2015 RAM 1500 SPORT**

**\$43,981** 15Q15430 **\$247** bw



**2016 RAM 1500 CREW CAB SLT**

**\$34,812** 16CC14147 **\$192** bw



**2016 RAM 1500 SPORT (LIFTED)**

**\$57,772** 16CC10889 **\$319** bw



**2015 JEEP RENEGADE SPORT 4X4**

**\$23,982** 15RN6775 **\$135** bw



**2017 JEEP GRAND CHEROKEE 15TH ANNIVERSARY**

**\$48,237** 17GC9843 **\$266** bw



**2016 DODGE CHARGER SRT 8 (DEMO)**

**\$54,999** 16CH9410 **\$309** bw



**2016 DODGE CHALLENGER SRT 8**

**\$57,986** 16CC5274 **\$321** bw



**2017 JEEP PATRIOT 4X4**

**\$29,489** 17PA5530 **\$163** bw



**2015 JEEP GRAND CHEROKEE SRT 8 (DEMO)**

**\$68,888** 15GC4615 **\$387** bw



**2015 DODGE JOURNEY**

**\$18,555** 15JR8544 **\$104** bw



**2016 RAM 1500 SPORT (LIFTED)**

**\$64,881** 16CC10275 **\$356** bw



**2015 JEEP RENEGADE**

**\$21,888** 15RN5391 **\$123** bw



**1.587.400.1994**  
**CAPITALJEEP.COM**



Vehicles may not be exactly as shown/Vehicles are for illustrative purposes. All vehicles were available at time of print. Prices and payments are plus tax. All dealer rebates, discounts, factory incentives, prices, and interest rates are subject to change or end without notice as new retail incentive programs are announced. Offers expire October 31st, 2016. Payment on stock number 16203394 is based on 1.99% over 96 months OAC \$24,987 \$130 B/W COB \$2,073.80. Payments on stock numbers 15RN6775, 16CC10889, 16CC5274, 16CC10275, 16GV3818, 16CC14147, 16CC10889, 17GC9943, and 17PA5530, are based on 3.49% over 96 months OAC. Example: Stock number 17GC9943 \$48,237 \$266 B/W COB \$7,172. Payment on stock number 15Q15430, 15GC4615, 16CH9410, 15RN5391, and 15JR8544 are based on 3.99% over 96 months OAC. Example: Stock number 15Q15430 \$43,981 \$247 B/W COB \$7,526.



# CERTIFIED PRE-OWNED TENT EVENT



**2007 DODGE CALIBER SXT**

**\$3,999** AE1071110



**2008 JEEP LIBERTY LTD**

**\$7,999** 16CK079810



**2011 MITSUBISHI OUTLANDER LS**

**\$12,999** 16CC2856130 **\$94** BW



**2016 MAZDA3 GX**

**\$18,999** 16WR876020 **\$111** BW



**2015 CHRYSLER 200 S**

**\$18,999** AE10694 **\$124** BW



**2015 TOYOTA 4RUNNER TRAIL EDT**

**\$40,999** 16GC251010 **\$267** BW



**2013 TOYOTA RAV LTD**

**\$22,999** 16CC1447210 **\$150** BW



**2008 FORD ESCAPE XLT**

**\$11,999** 16CK872420 **\$127** BW



**2005 NISSAN PATHFINDER LE**

**\$9,999** AE10745



**2014 DODGE DART**

**\$11,999** AE10751 **\$78** BW



**2014 INFINITI Q50 HYBRID**

**\$33,999** AE1068910 **\$222** BW



**2015 JEEP WRANGLER SAHARA**

**\$33,999** AE10734 **\$199** BW



**2014 GMC TERRAIN SLT**

**\$26,999** 16TC911410 **\$176** BW



**2013 HYUNDAI ELANTRA GT**

**\$12,999** AE10724 **\$85** BW



**1.587.400.1994**  
**CAPITALJEEP.COM**



Vehicles may not be exactly as shown/Vehicles are for illustrative purposes. All vehicles were available at time of print. Prices and payments are plus tax. All dealer rebates, discounts, factory incentives, prices, and interest rates are subject to change or end without notice as new retail incentive programs are announced. Offers expire October 31st, 2016. Payment on stock number 16CC2856130 is based on 4.99% over 72 months OAC \$12,999 \$94 B/W COB \$1,734. Payments on stock numbers AE10694, 16GC251010, 16CC1447210, 16CK872420, AE10751, AE1068910, 16TC911410, AE10724 are based on 4.99% over 84 months OAC. Example: AE10694 \$18,999 \$124 B/W COB \$3,579. Payments on stock number 16WR876020 and AE10734 are based on 4.99% over 96 months OAC. Example: 16WR876020 \$18,999 \$111 bi-weekly COB \$4,111.



# Capital Auto Loans

- ✓ 100% Approval Rate as of August 5th, 2016
- ✓ \$10,000 Cash
- ✓ Apply in 60 seconds
- ✓ 1000+ New Vehicles
- ✓ All Makes & Models
- ✓ 200+ Certified Pre-owned

1.866.722.5364

www.CapitalAutoLoans.ca

# metro VIEWS

Your essential daily news

Thursday, October 13, 2016



## CHANTAL HÉBERT ON THE NDP'S ELECTORAL-REFORM POSITION



**For a party that has spent years tilling the electoral-reform field, this submission is remarkably free of specifics. The Liberals, by comparison, have been at this for a very short time.**

If one had to take away just one thing from the NDP's just-released submission on electoral reform, it is that it strenuously avoids tracing a party line in the sand.

As leader, Thomas Mulcair campaigned on a mixed-member proportional system. But in its brief, the NDP carefully avoids pinning itself down to a specific system to the exclusion of others or to a process to achieve a reform.

Instead, the NDP reports that an overwhelming majority of those who attended the 40 or so town halls it held over the summer want a more proportional system.

That is only groundbreaking until one considers that voters who have no quarrels with the first-past-the-post system probably did not sacrifice a summer evening to dream up a different approach to electing members of the House of Commons.

Similarly, the New Democrats note that most participants want a "fair" and "legitimate" process; a notion that it interprets to mean anything between moving to a new system with multi-party support to a national referendum.

For a party that has spent years tilling the electoral-reform field, this submission is remarkably free of specifics. The Liberals, by com-

parison, have been at this for a very short time. The first-past-the-post system has delivered more majorities to the Liberal party than to any of its rivals, and Justin Trudeau is its first leader

likely to be part of any deal. They have drawn their line in the sand on process. For the official Opposition, any move to a different voting system has to be approved by a majority of Canadians

voting system could require a constitutional amendment.

It is far from certain that an electoral-reform bill backed by only the Liberals would find timely support in the Senate.

There is precedent for the upper house to hold out on a major government plan until Canadians have had a say through a vote. At the time of the 1988 free-trade debate, the Liberal majority in the Senate refused to approve Brian Mulroney's trade deal until an election had been held.

The scenario of unilateral Liberal action would also consume a fair amount of political capital on a file that is ultimately secondary to both the partisan and the policy interests of the current government.

This is one promise many Liberals would be happy enough to see Trudeau ditch, as long as he and the government did not have to take the blame for pulling the plug.

An all-party parliamentary committee deadlocked on the issue of the voting system would offer the government a relatively easy way out.

The NDP describes its brief as setting out the parameters within which its caucus would support a reform and a process to achieve it. If those parameters read like you could run a truck through them it's because keeping Trudeau from backtracking from his promise to change the voting system in time for the 2019 election is also the point.

Chantal Hébert is a national affairs writer. Her column appears in Metro on Thursdays.



This year a group of MPs has been gathering for meetings of the special committee on electoral reform to hear from expert witnesses on how and whether they should change the way Canadians cast their federal election ballots. THE CANADIAN PRESS

to commit to doing away with it.

But the NDP brief comes just as negotiations are about to get underway between the members of a parliamentary committee tasked with making recommendations on electoral reform to the government by Dec. 1. At that point, time will be of the essence as Elections Canada needs a considerable amount of lead time to put a new system in place in time for 2019.

Although the Liberals hold the most seats (five) on the 12-member committee, they do not have a majority. There cannot be a majority report absent an alliance between two or more of the five parties at the table.

The Conservatives are un-

likely to be part of any deal. They have drawn their line in the sand on process. For the official Opposition, any move to a different voting system has to be approved by a majority of Canadians

likely to be part of any deal. They have drawn their line in the sand on process. For the official Opposition, any move to a different voting system has to be approved by a majority of Canadians

likely to be part of any deal. They have drawn their line in the sand on process. For the official Opposition, any move to a different voting system has to be approved by a majority of Canadians

likely to be part of any deal. They have drawn their line in the sand on process. For the official Opposition, any move to a different voting system has to be approved by a majority of Canadians

## ROSEMARY WESTWOOD

**A coalition of sexist vitriol undone by, of all things, sexists' guilt**

Who would've guessed the tipping point would be a five-letter word that rhymes with wussy.

After all the U.S. election has been about — inequality, black lives, white anxiety, trade and protectionism, unemployment, terrorism, emails, Benghazi, China, immigration, Mexicans and the colour orange — this mattress fire comes down to women.

Trump's establishment support continues to erode. He's trailing in polls, his odds of winning as low as 17 per cent. No amount of "locker room talk" defence or complete sentences uttered in debates has stemmed the outrage.

In joking about sexual assault via grabbing women in the "p-sy" in a hot mic recording from 2005, Donald Trump did what even Donald Trump didn't appear capable of: He found a line, and he crossed it.

That line is partly getting caught directly in the act of misogyny, on video. It's partly the gushy slang for that taboo part of a woman. ("Grab them by the d-k" and "Grab them by the penis" just don't have the same vulgar ring, do they?) It's partly about criminal activity.

And it's partly the overarching context of this election. Trump's comment wouldn't have landed like such a "yuge" stink bomb if he weren't running against a woman. But he is. So women's place in society and their right to power is at the centre of the campaign.

For a while, that was good for Trump.

In fact, it had appeared as if his key selling feature was Hillary Clinton herself. His crowds brought to ecstasy at the mention of Benghazi and "crooked Hillary," seeming not so much interested in Trump as in Clinton's head.

She had to slog against the most unstable, irrational character this side of the Filipino president, exactly because she is who she is: a woman, who also happens to be a long-time, successful politician. Her crimes fall far short of apocalyptic, though her reception indicates otherwise.

Even for those who deny their sexism, she could never smile with quite the right frequency. She was never warm enough, always far too loud. Few men, outside Obama, earn chants like "Hang her in the streets" or threats of being jailed from Trump, or a comparison, courtesy of Mike Huckabee, to the shark in Jaws.

But the breaking point has been reached. A nation unwilling to reckon with its sexism buoyed Trump until last Friday, and a nation self-conscious of its sexism is sinking him today.

Thanks to both, Nov. 8 is set to be one hell of a statement on women in America.

This is Rosemary's final daily column. Watch for her new weekly column, about relocating to the United States, coming next month.

**Polls show that most Canadians support the Conservative contention that an electoral reform of this magnitude should be put to a referendum.**

**metro**  
Your essential daily news

CHIEF OPERATING OFFICER, PRINT  
**Sandy MacLeod**

VICE PRESIDENT & EDITOR  
**Cathrin Bradbury**

EXECUTIVE VICE PRESIDENT,  
REGIONAL SALES  
**Steve Shroat**

MANAGING EDITOR EDMONTON  
**Tim Querengesser**

ADVERTISER INQUIRIES:  
adinfo@edmonton.com  
General phone 780-702-0592

FREE TO SHARE

**PHILOSOPHER CAT**  
by Jason Logan

ONLY IN THE  
AGONY OF  
PARTING DO WE  
LOOK INTO THE  
DEPTHS OF LOVE.

GEORGE ELIOT

Philosopher cat now at  
www.mymetrotore.ca



20 YEARS

# AMAZING iPhone

## UNBELIEVABLE PRICE

iPhone SE 16GB

\$<sup>1</sup>  
**0**

On select 2-year plans.

+ GET A

\$<sup>2</sup>  
**100**

**BONUS CREDIT**

on top of your trade-in  
value on select phones.



**fido**   
Go get it.

 iPhone 

A one-time \$15 Transaction Fee applies.

Visit a Fido store today.

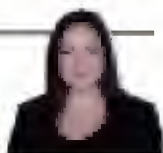
Offer ends October 17th, 2016, subject to change without notice. \*A one-time \$15 Transaction Fee applies for the processing of your service request. 1. iPhone SE 16GB at \$0 with a 2-year Plus20 plan. Early cancellation fees apply. Taxes extra. 2. Subject to FidoTRADE Terms and Conditions, [fido.ca/trade](http://fido.ca/trade). Credit applied in store against concurrent purchase of accessories or another new phone (for new activations) or applied as a credit to your bill within 2 or 3 bill cycles (for existing customers). ©2016 Fido



# Healing after miscarriage

They are proud mothers of babies they will never know — here, Canadian women share their heartbreak

**Kristen  
Thompson**  
For Metro Canada



This is a story about profound shame and loneliness. It's about a secret club that will be joined by one in three Canadian women at least once in their lives. It's about miscarriage and infant loss, something that's only talked about in whispers.

The women in this story are tired of whispering. They are proud mothers of babies they will never know, babies many of their loved ones never even knew existed. And they're hoping their stories will encourage other women to reach out for support so they don't have to grieve in silence.

This Saturday is Pregnancy and Infant Loss Awareness Day. Its very existence was built upon the mandate of destigmatizing infant loss.

I reached out to the women in my two Facebook mom groups to see if anyone would be willing to share their story with me. I was overwhelmed with the response. Around 150 mothers emailed or Facebook messaged me their stories. These are just some of them.

Kari Anne Gonsalves, who now has a one-year-old son, suffered a miscarriage in April 2013. The following year, she also lost her triplet sons.

"When I miscarried ... I didn't feel as though I could talk to anyone about it," said Gonsalves. "At the time I did not know anyone who had experienced such a loss,

and no one, with the exception of my husband and one friend, knew that I was even pregnant."

"I felt isolated in the sense that my life had to go on, even though I carried this great hurt and sadness, and the people around me carried on as if nothing had happened, because they simply didn't know that anything had happened."

In May 2014, Gonsalves' infant triplets — Jude, Gabriel and John Paul — were born extremely premature and did not survive.

"Friends with children stopped inviting us out to their children's events. I stopped getting invited to baby showers, people avoided telling me that they were expecting. They thought they were being sensitive, but when all of your friends have children, it gets pretty lonely and we wanted celebrate happy times with our friends."

Sarah Keast is a mom of two girls. She also had a son, Ryder, who died at 22 weeks. She describes finding out about his genetic condition — and the difficult decision to terminate her pregnancy — as devastating.

"The radiologist ... put her hand on my shoulder and said, 'I'm so sorry, but I do have to confirm I'm seeing significant brain damage,'" said Keast, of the day she learned Ryder wouldn't survive. "I then collapsed."

"I cried every time I got out of the shower and looked at my belly. I cried every time he kicked me. I cried every time I saw a pregnant woman on the street."

## SUPPORT GROUP WHY SHARING STORIES CAN HELP

These five women have each had a miscarriage. They're part of the same mom's group on Facebook, but met in person for the first time at Ashbridges Bay in Toronto last week. From left, they are Caroline Starr, Kari Anne Gonsalves, Brechann McGoey, Elizabeth Dhuey and Meghan Krmpotic.

The emotional impact of miscarriage and infant loss is profound. In fact, one in five women who experience miscarriage have anxiety levels similar to people attending psychiatric outpatient services, according to Tommy's, a U.K.-based centre for miscarriage research that coined the hashtag "MisCourage" to encourage women to tell their stories of loss. It also found that as many as one third of women attending specialist clinics as a result of miscarriage are clinically depressed.

Oct. 15 is Pregnancy Loss and Infant Awareness Day — Metro has spoken to many mothers and fathers who wanted to share their loss, and find others whose stories they can relate to. Share using #IHadAMiscarriage



More stories online at  
[Metronews.ca/miscarriage](http://Metronews.ca/miscarriage)



NATASHA GERSCHON/FOR METRO

**I NEED:**

an education that will give me  
industry knowledge and  
hands-on training.

**ROBERTSON  
COLLEGE**

Pharmacy Assistant Diploma Program is Starting Soon. 780.705.6633 | [robertsoncollege.com](http://robertsoncollege.com)



# MISCARRIAGES: HEARTBREAK AND HEALING A METRO SPECIAL REPORT

## SOCIAL IMPACT

### Steering clear of people for the sake of your sanity

While many women feel pushed into isolation by friends, family and colleagues who don't want to talk about their loss, others isolate themselves as a means of self-preservation.

Laura Beer (pictured right) describes how she turned inwards after losing her stillborn daughter Georgia.

"For months, I only left the house through the garage so no one would see me," she said. "Every minute that loomed ahead seemed impossible."

"Our friendships slowly morphed until we were almost completely surrounded by other loss parents. 'Other people' hurt me. It wasn't intentional, but no one could understand this new world we had found ourselves in."

"I changed too. I had gone from being confident and relatively carefree to awkward and plagued by social anxiety. I suddenly found myself incapable of small talk. I was afraid of strangers."

"Walking back into my office that first day was one of the hardest things I have ever done. How do you face the same people who used to know you, when you have become a completely different person? I never felt more alone than I did in those first few weeks back at work."



## RELATIONSHIPS

### Dads feel guilt on top of grief

David Alexander and his wife weren't exactly trying for a baby when she became pregnant with number two. Their shock turned to joy as they began to adjust their plans for life with two kids. But when his wife started to bleed, that dream was dashed.

Alexander's wife came home from the emergency room appearing stoic and collected. That first day, it was Alexander who broke down.

"That night after we found out and I was in bed laying down, I think I cried for 15 minutes," he said.

On top of grief, Alexander (pictured right with his son) said he also felt guilt that he couldn't really relate to what his wife was going through,



although it was their child that was lost.

Dylan Tomlin had a similar experience when his wife lost two pregnancies in a row. "I didn't feel nearly as much loss as she did,"

he admits, in part because he wasn't experiencing the pregnancy symptoms, and because she wasn't showing yet.

Jamie McCleary, program manager at PAIL, said her organization has seen an influx in dads seeking support. She pointed out that infant loss can be hard on fathers for different reasons than it is for mothers, in part because they are expected to be the strong ones.

## VOLUNTEERS NEEDED

### Help for non-English speakers

There's a particular group of women who are especially underserved by the scant outpatient support services available after the death of an infant: those who speak English as a second language.

And with more people than ever reaching out to Pregnancy and Infant Loss Network Canada (PAIL) for support, (the non-profit's intake increased about 400 per cent at the beginning of this year), the largely volunteer-run organization is struggling to meet families' needs.

Twenty per cent of Canadians — or 6.8 million people — speak a language other than English or French as their mother tongue, according to the 2011 census. And 6.2 per cent of those people speak that language exclusively at home. That number is even higher in metropolitan areas.

Jamie McCleary, PAIL's program manager, said most of these families are being referred to her organization from public health units or other places they initially turned to.

"They're in the same situation as other mothers, they're just as desperate for somebody to talk to, and (we're) trying to find some way to accommodate them."

PAIL is looking for volunteers who have experience dealing with pregnancy and infant loss — either personally or professionally — who speak Hindi, Punjabi, Mandarin and Cantonese, in particular. For those interested, their contact is: [info@pailnetwork.ca](mailto:info@pailnetwork.ca).

## TELLING OTHERS

### The sting of empty sentiments

Well-meaning family and friends often try to find a positive spin, but those pep talks often hurt more than silence.

"There were lots of empty sentiments (like), 'You're young, you can try again,'" said Melissa. "I didn't care, I wanted this baby, I wanted my son. I felt so empty and crushed by disappointment."

Marin Barley, a mother of three from Vancouver (pictured above with her family), lost two pregnancies between the birth of her second and third babies. "I got a lot of 'Well at least you have two other kids already,' and 'It is probably for the better.' I (even) had people say 'This is why you don't tell people until the second trimester'... People meant well, but those comments never helped."

"If someone tells you've lost a baby, just think about it as if they'd lost a parent," she said. "You likely don't say, 'Well at least your other parent is still alive', or 'Maybe your mom will remarry and replace your dad.'"



It's never been easier to get on board.

Flexible TD® Aeroplan® Visa Infinite® Card benefits let you travel on your terms. With Aeroplan: Get any seat. Fly for less.<sup>1</sup> And be there to enjoy life's richest rewards.

Apply by December 2, 2016 and get up to 30,000<sup>2</sup> Aeroplan Miles. Conditions apply.



Visit [tdaeroplan.com/ed](http://tdaeroplan.com/ed) or call 1-888-714-4459 to learn more



Banking can be this comfortable.



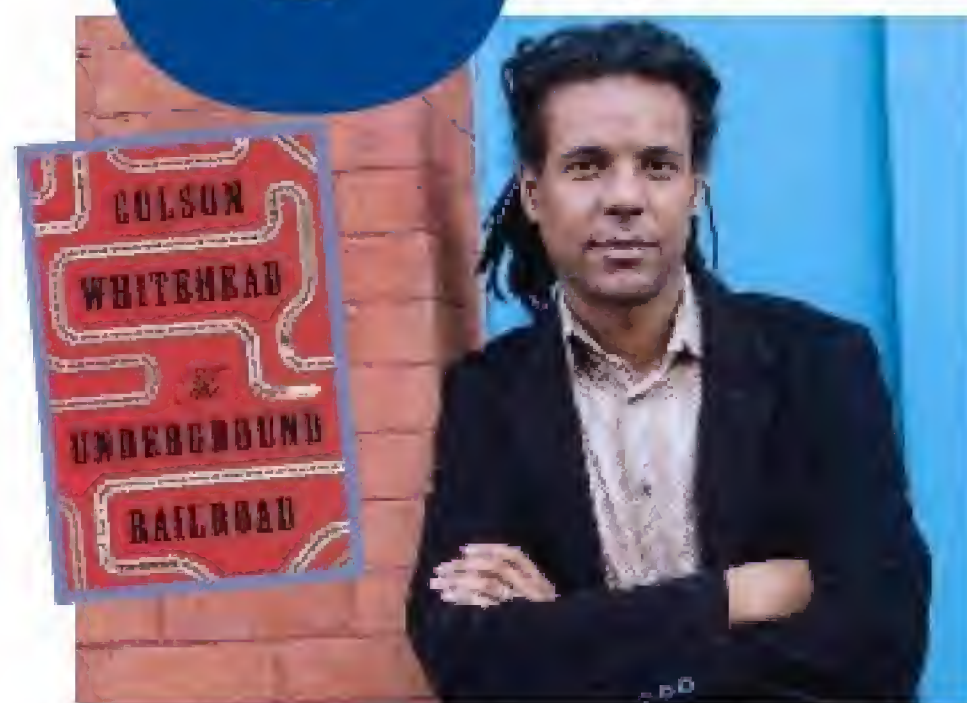
<sup>1</sup> Based on a comparison of 2015 Aeroplan Flight Reward bookings against actual market base fares and leading financial institutions' travel rewards programs' terms and conditions.

<sup>2</sup> Welcome Bonus of 15,000 Aeroplan Miles ("Welcome Bonus Miles") will be awarded to the Aeroplan Member account associated with the TD Aeroplan Visa Infinite Card Account ("Account") only after the first Purchase is made on the Account. To receive the additional 10,000 Aeroplan Miles, you must also: (a) apply for an Account between September 3, 2016, and December 2, 2016; and (b) make \$1,000 in Purchases on your Account, including your first Purchase, within 90 days of Account approval. To receive the additional 5,000 Aeroplan Miles you must also: (a) Add an Authorized User between September 3, 2016, and December 2, 2016; (b) Authorized User must call and activate their Card by January 16, 2017; and (c) your Account must be in good standing at the time this 5,000 Bonus Aeroplan Miles is awarded. You can have a maximum of three (3) Authorized Users on your Account but you will only receive 1 (one) 5,000 Bonus Aeroplan Miles offer. Annual Fee for each Authorized User Card added to the Account will apply. The Primary Cardholder is responsible for all charges to the Account, including those made by any Authorized User. If you have opened an Account in the last 6 months, you will not be eligible for these offers. We reserve the right to limit the number of Accounts opened by and the number of miles awarded to any one person. Please allow 8 weeks after the conditions for each offer are fulfilled for the miles to be credited to your Aeroplan Member account. Offers may be changed, withdrawn or extended at any time and cannot be combined with any other offer unless otherwise specified. These miles are not eligible for Aeroplan status. All trade-marks are property of their respective owners. © The Air Canada maple leaf logo and Air Canada are registered trade-marks of Air Canada, used under license. © The Aeroplan logo and Aeroplan are registered trade-marks of Airmio Canada Inc. © The TD logo and other trade-marks are the property of The Toronto-Dominion Bank.



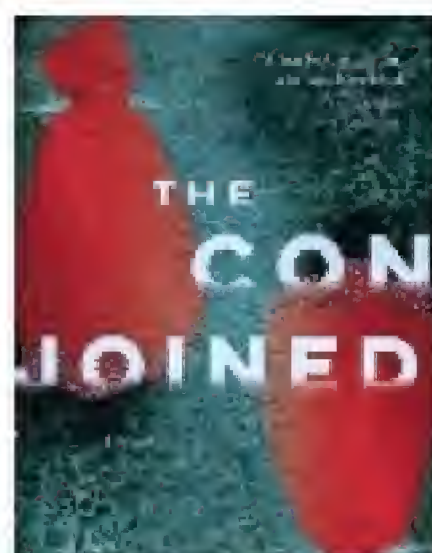
# 5 MUST-READ BOOKS GETTING SOME BUZZ

This week, five new novels worthy of your bedside table and many hours of good reading. These books offer readers a wide variety of perspectives and time periods. Immerse yourself in colonial America, modern-day Vancouver, or the head of a neurotic heroine. TORSTAR NEWS SERVICE



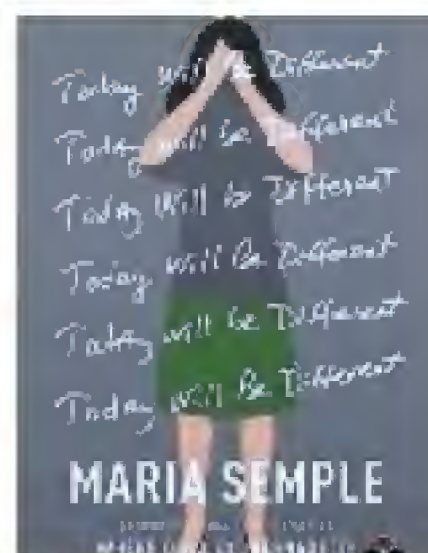
## 1 The Underground Railroad

In a cleverly flipped metaphor, the acclaimed African-American author Colson Whitehead imagines the underground railroad as a literal network of underground tunnels and tracks, complete with conductors and porters, transporting slaves to free states and Canada. This is the gripping story of a teenager named Cora who escapes from a Georgia cotton plantation, killing a young white man. The book is a finalist for the U.S. National Book Awards.



## 2 The Conjoined

Jessica is a disillusioned Vancouver social worker whose mother — seemingly a sainted individual known for her good works — has recently died. While Jess and her dad are sorting through her household effects, they discover a body at the bottom of the freezer. They call the police, who discover a second body. This is Jen Sookfong Lee's fourth novel.



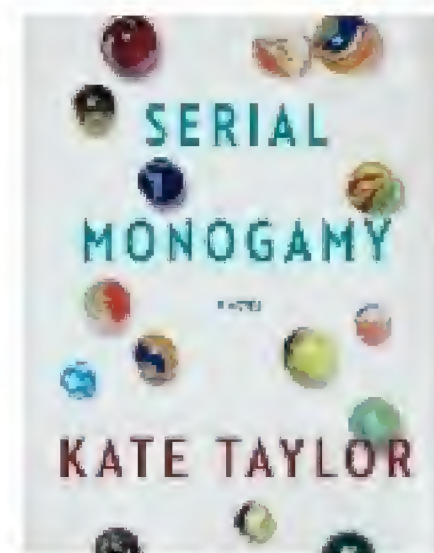
## 3 Today Will Be Different

Eleanor Flood is the embodiment of First World problems — distracted, anxious, irritable. But on this day she awakes, determined to be her best self, a caring mother and accommodating wife. None of these good intentions go as planned, of course. Writer Maria Semple is one of America's quirkiest talents.



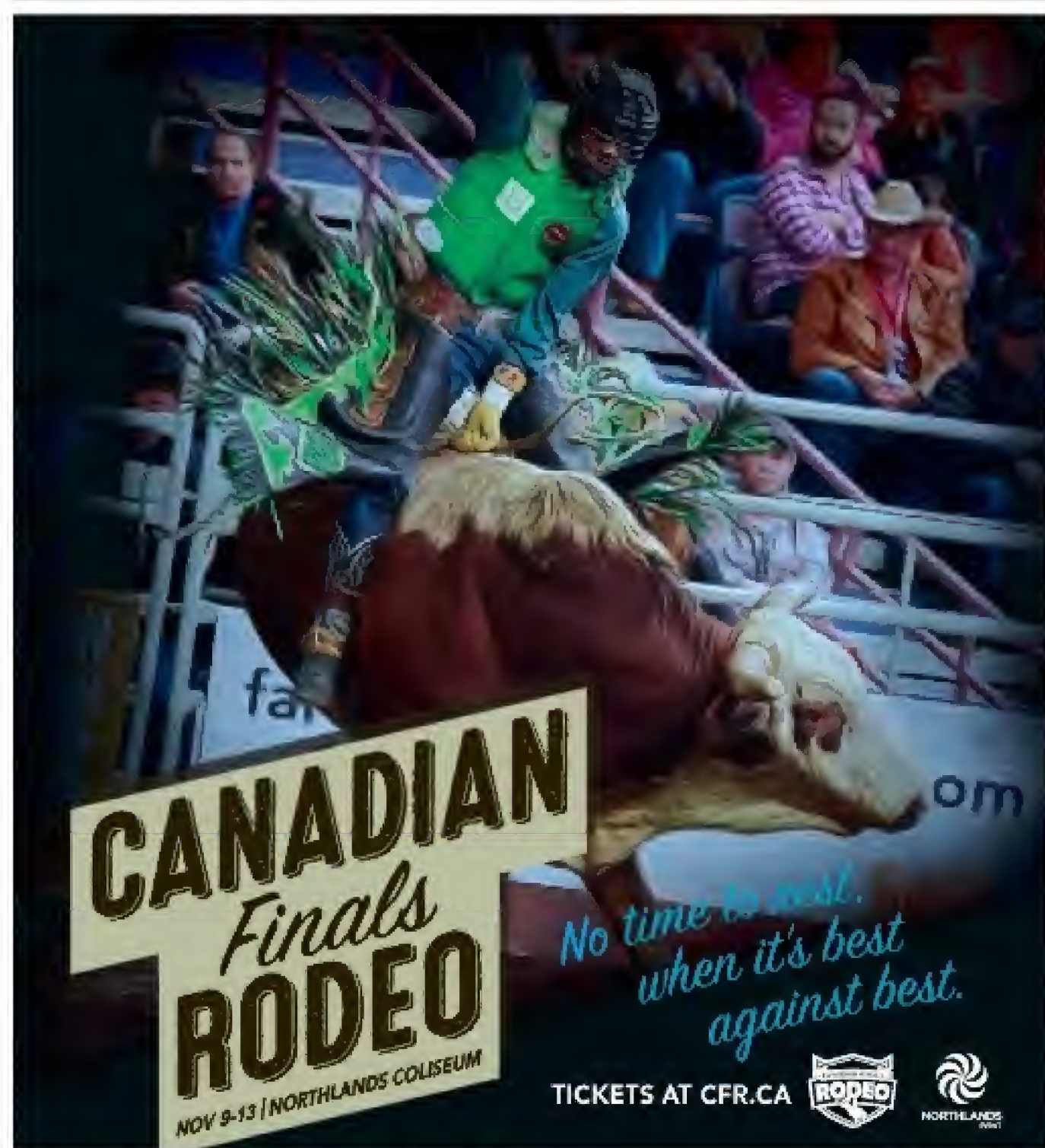
## 4 Mischling

Mischling, a term used by the Third Reich to describe people of mixed blood, is a term blond Jewish twins Pearl and Stasha hear a lot when they arrive in Auschwitz in 1944. The 12-year-olds soon join other "multiples" in Josef Mengele's "Zoo," which poked and prodded, measured and explored, the bodies and minds of as many as 3,000 twins. Penned by Affinity Konar.



## 5 Serial Monogamy

The focus of Toronto writer Kate Taylor's third novel is marriage and fidelity. Sharon, a writer and mother of twin girls, is fighting breast cancer and dealing with her husband's affair. As a distraction, she agrees to write a serial for the local newspaper to commemorate the bicentennial of Charles Dickens's birth.



**JOHANNA SCHNELLER WHAT I'M WATCHING**

## A move towards diversity on TV

**THE SHOW:** Insecure, Season 1, Episode 3 (HBO)

**THE MOMENT:** The secret white meeting

Walking past the breakroom at her youth-outreach organization, Issa Dee (show co-creator Issa Rae) overhears coworkers expressing doubts about her Beach Day project. She walks into the room.

Her coworkers gush condescendingly. "Are you stressed? I would be so stressed," one babbles. Three of them dash away. Only Frieda (Lisa Joyce), Issa's partner on the project, remains. "Were you guys discussing Beach Day?" Issa asks.

"Oh. It's no big deal," Frieda insists nervously. "A few of the others had some concerns."

"Concerns they couldn't talk to me about?" Issa presses.

"They just emailed me to double-check a couple little things," Frieda over-explains.

"There were emails, too?" Issa asks. Cut to Issa and her boyfriend: "They're having secret white meetings, and they're sending secret white emails," she rails.

When series co-creator Larry



Show creator Issa Rae, seen right, is tasked with portraying a familiar situation — a young woman trying to make it in Los

Wilmore (The Nightly Show) teamed up with Rae, who'd grabbed attention with her YouTube series Awkward Black Girl, this was the point: Show us a familiar situation — a young woman trying to make it in Los Angeles — from a new perspective that can only come from a unique voice.

Issa Dee is not the first TV character trying to find love, career fulfillment and herself.

But she's the first I've seen who demonstrates how hilariously absurd well-meaning

white people look when they try too hard to be cool; or what happens when her best friend Molly (Yvonne Orji), an attorney, is tasked to ask her firm's new intern to "tone down" her blackness.

Insecure doesn't fix Hollywood's diversity problem, of course.

But it's an excellent start.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.





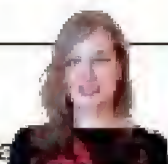
Seattle cartoonist Sarah Glidden, who collected stories from the fallout of the Iraq war into the comic novel *Rolling Blackouts*, says comics and narrative journalism "can help show a reader that this is a person like you." CONTRIBUTED

# Using comics to tell a compelling story in Iraq

NEW BOOK

## Cartoonist recorded journalist trip after invasion

Sue Carter  
For Metro Canada



In 2010, Seattle cartoonist Sarah Glidden packed up her sketchbook, camera and voice recorder and travelled to the Middle East for two months.

She was joining journalist friends who were working for the non-profit online publication *Seattle Globalist*; Glidden would observe as they gathered stories about the lingering effects of the Iraq war, especially on those displaced as a result of the American invasion.

Making the Kickstarter-funded trip even more complex, the group planned to document the story of former Marine Dan O'Brien, a childhood friend of one of the journalists, Sarah Stuteville, as he returned to the country for the first time since serving.

Glidden's observations of those two months are captured in her new book, *Rolling Blackouts: Dispatches from Turkey, Syria, and Iraq* which could be easily be described as a personal memoir or travelogue, but falls more into the growing category of comics journalism or illustrated reportage.

She kept her recorder on for

Sarah told me that she always asks her interview subjects to talk about how their group or their work is misunderstood. It's a question that everyone has an answer for.



the entire trip, choosing to listen rather than constantly sketch, while relying on photographs and drawings to capture body language and physical details.

Glidden documented not just the reporters' behind-the-scenes process, but quiet times when they would just be sitting around, having a few beers and talking about America's place in the world. Even though Glidden cringes now at her overly earnest and naive responses during those discussions, she didn't edit them out of her personal story. "I wanted the dialogue to be real dialogue," she says.

One situation Glidden captured through her muted but striking watercolour illustrations is the tension between Stuteville and O'Brien, as the journalist unsuccessfully pushed to get her ex-military friend, who refused to open up about certain details, to go on record to denounce the war.

"It was difficult for me to write

about a friend and make her into a character, and portray her in a way that isn't always flattering," says Glidden. "It was funny, when I was writing the book, I was going through what she was going through when we were on the trip. She wants him to be a compelling story, but she also cares about him."

During their travels, the group meets refugees from a variety of backgrounds, and Glidden turns over many pages to their heart-breaking, painful stories. For the first time, the American journalists also directly encountered the hostility felt by those whose lives were destroyed by the war, many of whom demanded answers for their government's actions.

"I think we often hear stories about how sad it was what happened to them, or anger when it comes to terrorism, but you don't get to hear ordinary people say how angry they are, and frustrated," says Glidden.

Though her trip took place six

years before the current Syrian civil war, while Damascus was still a safe city, Glidden believes that *Rolling Blackouts'* illustrated treatment provides a much-needed human connection to the country's newest refugee population.

"A lot of times it's easy for us to 'other-ize' people's stories when they're from far away or from a background that is harder for us to identify with. Maybe part of that is an emotional defense. If you really accepted people who are going through such traumatic experiences as people like you, it would be so hard to take all the terrible news that you see," Glidden says. "But it's really important for us to break through that barrier. And I think that comics and narrative journalism can help show a reader that this is a person like you."

Sue Carter is the editor at Quill & Quire magazine.

## #YEG NEWS

The Kit Compact—Canada's fave beauty and style brand—checks out Edmonton's hottest style destinations

Alyssa Lau (@lunalyssalau), shot in Grande Prairie, PHOTOGRAPH BY ERIC YUN

H&M TOP, PANTS, BAG, NECKLACE, SHOES, H&M.COM



### STREET STYLE LOCAL HERO

Style star Alyssa Lau shares her hometown hangouts

### NEIGHBOURHOOD WATCH Best boutique

"Shades of Grey Boutique (10116 124 St. N.W.) downtown has some great, artsy pieces."

### Statement finds

"The Observatory (10608 82 Ave. N.W.) has the coolest glasses! I got a pair of Garrett Leight translucent glasses there."

### Essential caffeine hit

"Remedy Café (8631 109 St. N.W.) has the best chai latte. It's so good!"

### Trusted hair salon

"I go to a duo called Behind the Blush (8916 217 St. N.W.). Janna focuses on makeup and Stefanie does my colour."

### Killer fashion

"Swish Vintage (122-10180 101 St. N.W.) carries really cool pieces. You go in there and you're transported to the past. The owner, Angela, knows so much about the history of each item."

### SIP: THE SCORCHED EARTH A SPICY COCKTAIL FROM THE CITY'S HOTTEST BAR

"I recently took a whirlwind two-day trip down to rural Mexico to visit a distillery and agave fields," says Evan Watson, mixologist at Bar Clementine (11957 Jasper Ave.). "This drink was created in honour of that frenetic experience. The rustic smoky quality of the mezcal is like the dust on the dirt roads I travelled on; the citrus and pineapple remind me of fruits I bought at the market; and cinnamon, epazote and chili reflect the spice of the food."

#### What you need:

2 oz mezcal espadin  
Small sprig epazote  
0.75 oz lime juice  
0.5 oz pineapple juice  
0.5 oz cinnamon syrup

#### Directions:

Shake all ingredients with ice, strain into a chilled cocktail coupe, and float beads of Korean chili oil on top.



CONNECT WITH US Get the latest style news delivered to your inbox. Visit [thekit.ca/sign-up](http://thekit.ca/sign-up)

FROM THE EDITORS OF THE KIT  
**compact**

f thekitca  
@thekitca  
@thekit



MEET THE CONDO

LE QUARTIER CONDOS

## French Quarter living



CONTRIBUTED

### Project overview

Located in the thriving and mature Bonnie Doon neighbourhood, Le Quartier Condos offers a mix of culture, convenience and natural backdrops with downtown views. The contemporary designs in the heart of Edmonton's French Quarter make it an exciting new option on the city's competitive condo scene.

### Housing amenities

Features include nine-foot ceilings, energy-efficient stainless-steel appliances, heated underground parking and air conditioning. The chef's kitchen, in-suite laundry and modern, open floor plans make the condos of Le Quartier a desirable find in a central, character-filled area.

### Location and transit

The central Bonnie Doon area surrounds the French Quarter, with the beautiful Mill Creek Ravine and Le Quartier condos right alongside. Whyte (82 Ave) is a quick walk, providing a link to nearby 99 St. NW and Gateway Blvd/Calgary Trail. Campus St. Jean is across the street.

### In the neighbourhood

Bonnie Doon is a thriving, sought-after neighbourhood, offering dining, shopping, cafes, parks and entertainment. Bonnie Doon Shopping Centre is a close walk, while Mill Creek Ravine offers abundant paths for a walk or cycle. Next door, La Cite Francophone is a hub for French culture, with a Farmers' Market, library, café and theatre. LUCY HAINES/FOR METRO

### + NEED TO KNOW

**What:** Le Quartier Condos  
**Developer:** Paul Blais Realty Group  
**Location:** 91st St. in French Quarter/Bonnie Doon area  
**Building:** Four-floor 36-unit contemporary designed building  
**Sizes:** 780 square feet to 1,251 square feet  
**Pricing:** Starting from the

low \$300s and up  
**Model:** One bed, one bed plus den, two bed, two bedroom plus den units  
**Status:** 70 per cent sold — immediate possessions available  
**Sales Centre:** Suite 104 8525 Rue Marie-Anne Gaboury (91 St.)  
**Phone:** 780-983-4600



Benches like this one help keep a mudroom organized and offer space for putting on or taking off shoes. HANDOUT

DECOR

## The making of a good-looking mudroom

Mudrooms have been a staple of large houses, especially in climates with plenty of rain and snow. But increasingly, a mudroom has become a design essential even for apartment dwellers and those with small homes.

"Just like the kitchen has become so central to how everybody uses their home and lives their lives, a mudroom has become an expectation," says designer Vern Yip, also an HGTV host. Interior designer Bennett Leifer agrees, and often helps clients in New York City apart-

ments create a proper mudroom.

Some tips for designing a functional, durable and even stylish mudroom, even in the smallest of homes:

#### Analyze how you use the space

Think about how your family uses the space, says Yip, and be honest about how much clutter you're likely to create. People often want to see themselves as neater than they are, which leads them to create a mudroom entrance that is soon chaotic.

Will everyone take their shoes off there each day, for instance, or only when they're wet or muddy?

"We run an Asian household," Yip says. "Take off your shoes when you come in the door."

So his mudroom includes ample shoe storage, plus a spot to sit while putting shoes on.

#### Your best drop zone

The mudroom is your daily "drop zone," says designer Sarah Fishburne, director of trend and design for The Home Depot. So

choose the mix of closed storage, hooks, shelves and counter-tops that serves your needs. Custom, built-in storage is popular in mudrooms, but there are also many units available in a range of styles and prices.

#### Lighting

Mudrooms should be lit like kitchens, with plenty of overhead and task light, Fishburne says. This may be the first place a skinned knee gets attention, or the last place searched at night for a missing textbook.

THE ASSOCIATED PRESS



# Pumpkin decor, three ways

DIY

## Unconventional ideas are great for Halloween and beyond

Pumpkins are a classic way to decorate for autumn. Whether grouped on a table or placed on your doorstep, they instantly add a touch of the season.

Instead of sticking with the typical orange or white colour scheme, why not add some colour? Experiment with a palette that's fresh, possibly a little unexpected but still feels like fall.

A quick trip to the grocery store and you can fill your shopping basket with almost everything you need to decorate your table and your doorstep; from fresh flowers in pumpkin vases to the warm glow of mini pumpkin tea lights — and don't forget a cheerful welcome at the door.

We used new paint colours from the Michael Penney Designer Collection to make traditional mini gourds look contemporary. The shades of Fusion Mineral Paint we used included



**1** Greet guests with a cheerful stenciled pumpkin, or turn mini-gourds into vases and candle holders. PHOTOS DEBRA NORTON/FOR TORSTAR NEWS SERVICE

Coral, Mustard, Azure, Brook, Park Bench, Putty and Lichen.

### 1 Painted pumpkins

Greet guests at the door with cheerful painted pumpkins. Stencil a friendly "hello" or your house number to set the tone of what's to come inside. Don't want to commit to a live fall arrangement? A stack of pumpkins in a planter on your doorstep is a great way to bridge the seasons without breaking the bank.

You'll need:

- Large pumpkins
- Stick-on vinyl letters/numbers (widely available at craft stores)
- Acrylic paint
- Paintbrush
- Acrylic coating spray (optional)

Apply vinyl stickers to a pumpkin to spell out a message or a house number (in our case, 11). Add a coat of paint, remove the stickers while paint is wet and then let the paint dry completely. If you've still got time to spare



once the paint is dry, consider applying a coat of acrylic sealer to protect the paint from wet weather. Your pumpkins will last that much longer.

### 2 Tablescapes

There is something about the sight of a mini pumpkin that just makes you want to see more. Add a pop of colour and pretty flowers to a small pumpkin to instantly up the charm quotient.

A centrepiece doesn't have to be a single object. Paint enough

pumpkins to loosely run along the centre of the table. Add in some candles and fill in any empty spaces with some mini gourds.

The beauty of this arrangement is not only the fresh colour scheme and pretty flowers. Keeping the table decor simple allows ample space for wine glasses and food and the lower profile lets guests chat without having to dodge an oversized centrepiece.

You'll need:

- Mini pumpkins
- Sharp knife
- Spoon for seed scooping
- Acrylic paint
- Paintbrush
- Water
- Flowers

Using a knife, carve out the stem of the pumpkin. Scoop out the stem and seeds.

Carve out enough space at the top of the pumpkin to allow a small shot glass or other glass vessel to fit inside the pumpkin. This will act as the vase, holding water to keep the flowers fresh.

Apply a coat of paint to the pumpkin. Let dry completely.

Fill the glass with water. Add a small handful of flowers to the glass and place inside the pumpkin.

### 3 Add some candlelight

Carve some rustic candle holders out of mini painted pumpkins and pop in some tea lights to add a whimsical glow to your tabletop. Then, scatter them along the table. If you'd prefer the candles to be hidden, simply remove the stem and scoop out the flesh and set the candles inside to add a luminous glow to the table.

You'll need:

- Mini pumpkins
- Sharp knife
- Acrylic paint
- Paintbrush
- Tealights

Using a knife, carefully carve out the stem of the pumpkin. Ensure that the area carved is large enough to hold a tealight. Gently push the stem inside the pumpkin, deep enough for the tea light to sit comfortably. Apply a coat of paint to the pumpkin. Let dry completely. Place a tea light inside the carved space.

TORSTAR NEWS SERVICE

## Notice to Investors 14.5% RETURN

## 36 MONTH RENTAL GUARANTEE PROGRAM

### EXAMPLE - OUR CITY SCAPE MODEL (2 BEDROOM/2 BATH CORNER UNIT, 1025 SF)

Purchase Price	\$250,000
Cash Down Downpayment	\$50,000
Mortgage	\$200,000

Guaranteed Rent	\$55,440
Less: Expenses	
Estimated Condo Fees	\$ 14,400
Property Taxes	\$ 5,400
Mortgage Interest **	\$ 13,781
	\$ 33,581

Net Income, before income taxes and depreciation	\$ 21,859
--------------------------------------------------	-----------

Average Annual Return On Cash ***	14.57%
-----------------------------------	--------

Net Income, before income taxes and depreciation	\$ 21,859
Less: Principle Re-payments **	\$ 14,211
NET CASH FLOW	\$ 7,648

### OTHER BENEFITS

- Owner Can Cancel Lease Agreement With Carlisle with 30 Days Notice
- Reduction in Mortgage Principle Over 3 Years
- Potential Increase In Value Of Property Over 3 Years
- Monthly Rental Payment - On Time, Everytime
- 36 Month Rental Guarantee From Alberta's #1 Condo Builder
- Many Locations Available
- **WORRY FREE INVESTMENT - JUST CASH THE CHEQUE**

\*\* Based on 2.39% Mortgage, 5 Year Term, 30 Year Amortization.

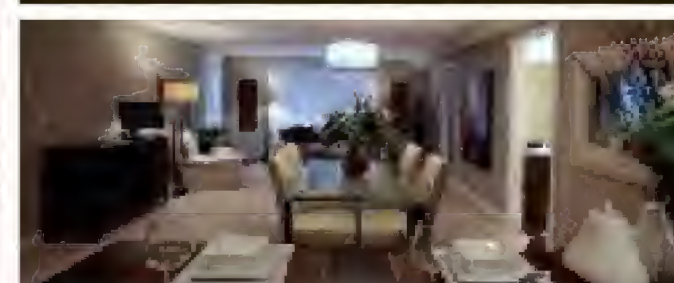
\*\*\* This Is An Example - Actual Results May Vary Depending on Mortgage Rates, Purchase Price, And Other Expenses.

LIMITED TIME OFFER

THIS IS NOT THE OFFERING OF A SECURITY INSTRUMENT, BUT THE PURCHASE OF REAL ESTATE WITH A 3 YEAR LEASE GUARANTEE FROM CARLISLE, THE LEASE WITH CARLISLE CAN BE CANCELLED BY THE PURCHASER WITH 30 DAYS NOTICE TO CARLISLE.



For more information please contact us at:  
[calgary@carlislegroup.ca](mailto:calgary@carlislegroup.ca)  
[edmonton@carlislegroup.ca](mailto:edmonton@carlislegroup.ca)



**CARLISLE GROUP**  
eye on quality ... focus on value





# Move your garden south for winter

## PROJECTS

### Coldframes help extend the growing season

In one weekend, you could effectively move your garden — or at least part of it — a few hundred miles south. If you're handy, you could do it in less than a day.

Do this by building a coldframe — a bottomless box with a clear plastic or glass cover.

Heat trapped in a coldframe keeps lettuce, spinach, and other hardy salad greens fresh and growing throughout winter.

This warmed area can also provide a winter home for rooted cuttings and perennials that are not quite cold-hardy. In the coldframe, plants might grow right in the ground or in containers.

Next spring, use the coldframe to start or harden off seedlings or for earlier vegetables or flowers.

The sun's warmth, trapped within a coldframe, keeps the box warmer later into fall and in winter, then advances the season there in spring.



Seedlings can keep warm and cozy even in cold weather when the bi-fold cover of this coldframe is closed to capture and hold the sun's warmth. LEE REICH VIA THE ASSOCIATED PRESS

#### Build it

Select some sort of clear covering for a coldframe first, because the rest of the structure will be built to accommodate its size. Typical dimensions are some multiple of about two-by-five feet.

An old window sash is often available for free, is already mounted in a wooden frame, and is conveniently sized.

Various kinds of plastic are

another option. Plastic has the advantage of being less breakable than glass, and it can be cut with standard woodworking tools. Make rectangular frames from one-by-two or two-by-two wood, glued, braced and screwed at the corners. Either screw the plastic to the frame or create grooves into which the plastic can slide.

To capture the most sunlight and let rainfall run off, the top

of the coldframe should slope down from the back to the front. Create this sloping box in two sections, using one-by-12 or two-by-12 lumber. For the lower section, merely join the lumber in a rectangle that corresponds to the dimensions of the cover(s). Rot-resistant lumber lasts longest, but any lumber can be used if you screw a sacrificial two-inch strip of wood onto all the edges

## + MORE TIPS

Here are things you can plant now:

#### Garlic

Plant garlic bulbs now, in the fall. They grow a bit before the hard frost of late autumn and grow more in the spring.

#### Fruit trees and bushes

This is a great time of year to plant winter-hardy fruiting trees and berry bushes.

MARK CULLEN/FOR TORSTAR NEWS SERVICE

of the box to the lower part with two-by-two lumber, two 22-inch lengths and two 11-inch lengths, screwed into the corners.

#### Cover it

Usually, covers are hinged to the base at the rear, making them easy to prop up to varying degrees, depending on sunlight and temperature.

Another option is to hinge adjacent covers together side by side, and then hinge one of the sides to the edge of the base. This cover opens and closes like a bi-fold door, with its free edge resting on the base to prop it open.

#### Use it

The covering will have to be opened on bright sunny days, sometimes even in winter and surely as the sun grows stronger in spring. One piece of scrap board, cut 12 inches long by six inches wide, per covered section makes a convenient prop. Use the flat side — about an inch thick — to crack the one or more covers open for slight venting.

Progress to the six-inch dimension and then the 12-inch one when more venting is needed as spring approaches.

THE ASSOCIATED PRESS



## Hey... I'm Home!

Looking for a new "pad"? How about one with some storage, multiple bathrooms and some space to spread out?

Explore 16 Showhomes where you are sure to find the perfect home.

[liveincavanagh.com](http://liveincavanagh.com)

Homes Starting from the Low  
Laned Homes | Front Garage Duplexes | Laned Duplexes

\$300's





**NHL BATTLE OF ALBERTA OPENS ROGERS PLACE** New Oilers winger Milan Lucic and the Flames' Deryk Engelland let their fists fly during the first regular-season game at Rogers Place on Wednesday night. Go to [metronews.ca](http://metronews.ca) for the story.  
JASON FRANSON/THE CANADIAN PRESS

# Matthews' 4-goal debut one for ages

**NHL**  
**No. 1-overall draft pick backs up the buzz**

It didn't take Auston Matthews long to live up to the hype. The No. 1-overall pick in the 2016 draft scored four goals in his first regular-season NHL game, in the Toronto Maple Leafs 5-4 overtime loss to the Ottawa Senators on Wednesday's season opener for both teams. He also became the first player to score four goals in his NHL debut.

William Nylander benefited from Matthews' performance with two assists, while Frederik Andersen stopped 25 shots for the Leafs.

Bobby Ryan, Erik Karlsson, Derrick Brassard and Kyle Turris — with the game's final two goals — scored for the Senators. Craig Anderson made 34 saves.

Matthews opened the scoring at the 8:21 mark of the first



**Maple Leafs centre Auston Matthews celebrates one of his four goals on Wednesday night.** SEAN KILPATRICK/THE CANADIAN PRESS

period, standing in front of Anderson as rookie linemate Zach Hyman centred the puck from behind the net. Matthews swatted at the pass, giving Toronto a 1-0 lead.

For his second goal, Matthews showed off his flashy puck-handling skills. He stripped Ottawa right-winger Mark Stone of the puck near the Senators' blue line, then dangled the puck in

and around the rest of the defence before putting it over Anderson's shoulder.

The 19-year-old Matthews completed a hat trick just 1:25 into the second period, taking a cross-ice feed from Leafs defenceman Morgan Rielly as the Toronto veteran charged toward the goal-line, putting a light one-timer past Anderson.

Matthews added a fourth goal

**WEDNESDAY In Ottawa**

5

SENATORS

4

LEAFS

in the final seconds of the second period, taking a pass from Nylander on a 2-on-1 opportunity.

Matthews is the fifth player in NHL history to score a hat trick in his regular-season debut and the first in Maple Leafs history.

His parents Brian and Ema were in the stands and celebrated the first goal with a kiss. After the third goal, Matthews' mom was shown high-fiving fans and covering her face in disbelief. The fourth goal left her in tears.

Turris had his second goal of the night 37 seconds into overtime to hand the host Senators the victory.

The 19-year-old from Scottsdale, Arizona, is the 12th first overall pick to score in his NHL debut. THE CANADIAN PRESS

## CFL Eskimos fined for not wearing mikes

The Edmonton Eskimos were fined \$20,000 and head coach Jason Maas was fined \$15,000 for refusing to wear live microphones during a game in Montreal, the Canadian Football League announced Wednesday.

The head coach and quarterback of both clubs were mandated to wear microphones for television during Edmonton's 40-20 victory over the Alouettes on Monday, but Maas and quarterback Mike Reilly refused to put them on. No penalty was assessed against Reilly.

Commissioner Jeffrey Orridge said that if Maas refuses to wear a mic when asked to in any future game he will receive the maximum fine allowable and



be suspended one game.

Eskimos president and CEO Len Rhodes said his club accepts the league's decision.

"Last Monday, our football club failed to honour the commitment we had previously made to the league to follow through on the live mic broadcast," Rhodes said in a statement. "By failing to act on our commitment, we let our peers down across the league."

THE CANADIAN PRESS

## COURT Mistrial declined in Rose rape case

Lawyers for a woman accusing NBA star Derrick Rose and two of his friends of rape failed to disclose text messages to the defence, but the lapse was not significant enough to throw out the case or declare a mistrial, a judge ruled Wednesday.

Lawyers for Rose had argued that the plaintiff's lawyers purposely withheld three texts until the woman was done testifying so the defence couldn't question her about messages that

showed the night in question had been planned for sex and that she was talking the next day about being reimbursed for cab fare and not accusing anyone of rape.

The 30-year-old woman filed the \$21.5 million lawsuit two years after the August 2013 incident, claiming Rose and his friends raped her at her apartment while she was incapacitated from drinking and, possibly, drugs. THE ASSOCIATED PRESS

**“It looked like a setup. It turned out to be what I thought.”**  
Derrick Rose

### IN BRIEF

**Pelicans' Davis leaves game with ankle sprain**  
New Orleans Pelicans forward Anthony Davis left Wednesday's pre-season game against the Houston Rockets after suffering what the team called a right ankle sprain.

Davis fell to the court in the first quarter of the game in Beijing, the last of the NBA's two exhibitions in China. He re-entered the game briefly but soon walked to the locker-room. He did not return.

THE ASSOCIATED PRESS

**Newton returns to Panthers' practice**  
Carolina Panthers quarterback Cam Newton returned to practice Wednesday, although it remains unclear if the league's MVP will play Sunday against the New Orleans Saints.

Newton took reps with the first-team offence after missing Monday night's game against Tampa Bay with a concussion.

Carolina (1-4) is marred in a three-game losing streak. THE ASSOCIATED PRESS






**Hey...  
I'm Home!**

Explore 16 Showhomes  
where you are sure  
to find the perfect home.  
[liveincavanagh.com](http://liveincavanagh.com)

Homes Starting from the Low **\$300's**










**CANADIAN  
Finals  
RODEO**

NOV 9-13 | NORTHLANDS COLISEUM

*No time to rest,  
when it's best  
against best.*

TICKETS AT [CFR.CA](http://CFR.CA)

**metro**

**Tell us  
how  
you  
really  
feel.**

Join our online reader panel  
and help make your Metro  
even better.  
[metronews.ca/panel](http://metronews.ca/panel)

**PLAY Yesterday's Answers**  
from your daily crossword and Sudoku




**for more fun and games go to**  
[metronews.ca/games](http://metronews.ca/games)

26

metroSPORTS

# Shapiro's home stands in Jays' way

MLB PLAYOFFS

**Jays' president says his only emotion will be desire to win**

Mark Shapiro's love for Cleveland and its people runs deep, personally and professionally.

It's where the Toronto Blue Jays' president and CEO began his career, raised his family and helped orchestrate a baseball renaissance in the 1990s that's enjoying a 21st-century revival. In many ways, it will always be home for Shapiro.

Over the past few months, Shapiro has enjoyed from afar seeing Cleveland celebrate this summer as the Cavaliers won an NBA title, ending a half-century drought for the city, and he's watched with pride as Indians fans rallied around a team that has been overlooked — even in October.

It's been some ride.

"I just feel bad that we're going to have to put an end to it," he said with a chuckle over the phone on Wednesday.

Shapiro finds himself the man in the middle of the AL Championship Series as his new team, the Blue Jays, will face with the Indians, the franchise that gave him his start, for a spot in the World Series.

And it won't just be an emotional reunion for Shapiro. Blue Jays general manager Ross Atkins also came up in Cleveland's organization, working alongside Indians president Chris Antonetti, manager Terry Francona and many others.

Shapiro was flying to Cleveland on Wednesday and planned to have dinner with his sister, Julie, who lives in



Josh Donaldson celebrates with fans on Sunday night in Toronto. BOTH IMAGES GETTY IMAGES

the area. On Thursday, he'll arrive at Progressive Field as he did for more than two decades, and although he knows the direction to the visitors' clubhouse, Shapiro's first stop will be the Indians' executive offices, where he plans to visit colleagues who are as close as family.

"I've got not just friendships, but deep friendships both in the community there and throughout the Indians organization, up and down it," he said.

"It's not just walking in to play the team, it's walking in to play a group of people where you have a deep history and a profound respect. But I can tell you, because we've played them seven times already, when the first pitch



**I just feel bad that we're going to have to put an end to it.**

Blue Jays' president and CEO Mark Shapiro on how he feels about bringing Cleveland's great season to an end.

gets thrown, the only emotion I feel is a competitive desire to win."

THE ASSOCIATED PRESS

## IN BRIEF

### Kluber to start vs. Toronto

Indians ace Corey Kluber will start Game 1 of the AL Championship Series against Toronto on Friday.

Manager Terry Francona said Wednesday he'll start Kluber in the opener against the Blue Jays and follow with Trevor Bauer and Josh Tomlin in Games 2 and 3. Mike Clevinger will likely start Game 4 but will pitch only a few innings. Kluber pitched seven shutout innings in his post-season debut last week against the Boston Red Sox. THE ASSOCIATED PRESS

MLB PLAYOFFS

## Cubs over first hurdle, keen to end drought

Best in the majors this season, the Chicago Cubs cleared their first big October hurdle. Now, they wait to see who's next.

The Cubs advanced to the NL Championship Series for the second straight year by knocking out the San Francisco Giants in a thrilling four-game NLDS. They will face the winner of Thursday's Game 5 between the Washington Nationals and Los Angeles Dodgers in what they hope will be another step toward the World Series championship that has

eluded the franchise since 1908.

Game 1 is at Wrigley Field on Saturday. "I think it validates on a lot of different levels the job that we have done to this point," manager Joe Maddon said.

Chicago is looking for more this time after getting swept by the New York Mets in the NLCS a year ago. The Cubs dominated like no other team in the majors this season, running away with the NL Central championship, and ending with a 103-58 record.

THE ASSOCIATED PRESS



# RECIPE Shrimp and Orzo Skillet Dinner



PHOTO: MAYA VISNEN

**Ceri Marsh & Laura Keogh**  
For Metro Canada

Turning to a one-pot dinner may feel like a ho-hum week-night move but this recipe with its zesty flavours and juicy textures is a party on your plate.

## Ready in 40 minutes

Prep time: 15 minutes  
Cook time: 25 minutes  
Serves 4

## Ingredients

- 1 Tbsp (15 ml) olive oil
- 1 onion, diced
- 3 cloves of garlic, minced
- 1/2 tsp (2 ml) dried oregano
- 2 cups (500 ml) vegetable stock
- 1 x 14 oz (414 ml) can of diced tomatoes
- 1/3 cup (80 ml) balsamic vinegar
- salt and pepper
- 1 cup (250 ml) orzo

- 1 lb (450 g) cleaned, deveined shrimp
- big handful of fresh basil, sliced
- 1/2 cup (125 ml) feta, crumbled

## Directions

1. In a large skillet, sauté onion and garlic in oil over medium heat until they smell great and soften up. Add the oregano and cook for another minute.
2. Pour in stock, vinegar and tomatoes and taste for seasoning. Add salt and pepper.
3. Now add the orzo and allow everything to simmer for 15 minutes.
4. Add your shrimp and cook for another 3 to 5 minutes, or until the shrimp turn pink and opaque.
5. Sprinkle basil and feta over top and serve.

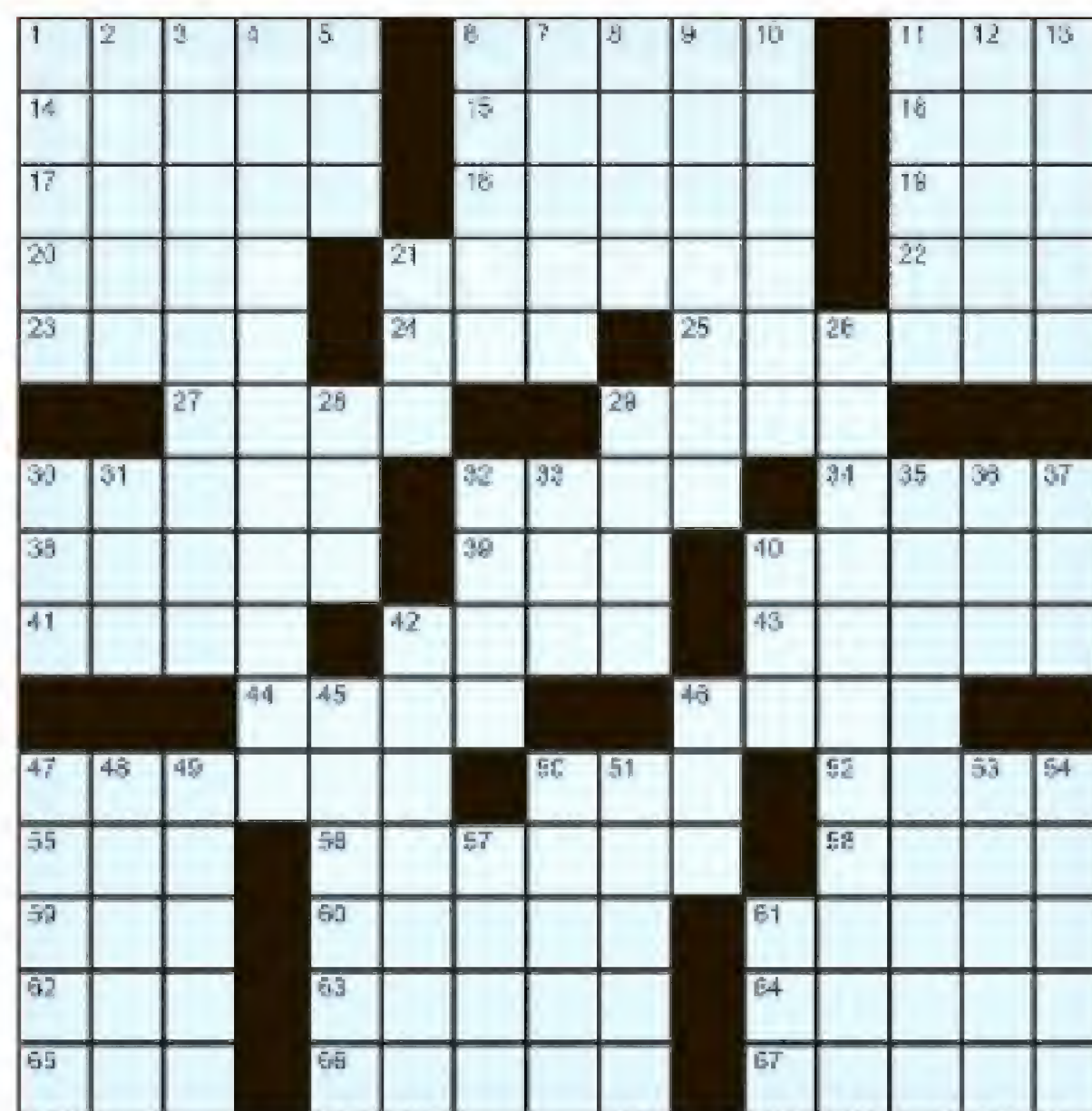
FOR MORE MEAL IDEAS, VISIT  
SWEETPOTATOCHRONICLES.COM

# CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

## ACROSS

1. Produce selection, Swiss \_
6. Bivouacs
11. Fruit drink
14. More abundant
15. Expect
16. And not
17. \_fartsy
18. 1970: "Band of Gold" by Freda \_
19. Mr. Hamm
20. Shoes in-series
21. Typos
22. Alternatives
23. Region [abbr.]
24. Pot's top
25. Correct, as a TV's blurriness
27. Fluffy hand-warming winter accessory
29. Master-Card rival
30. Rapidly
32. " \_ Miner's Daughter" (1980)
34. Store
38. Ms. Midler
39. Possess
40. Where Nairobi is the capital city
41. Honolulu's home
42. Yarn
43. "So what else \_?" (Besides that, anything else going on?)
44. Origin
46. Tardy
47. Article or thing
50. "Right you \_!"
52. "Whoops!": 2 wds.
55. Backwards
56. Poet's set of three lines
58. But, in Spanish



59. Amy \_ The Joy Luck Club author
60. Aids, usually illegally
61. \_ Tower (Office building in Edmonton)
62. '60s songstress, Little \_
63. Appraise

64. Beatles style of jacket
65. Refusals
66. "The Prince of \_" (1998)
67. Cream-filled Nabisco cookies

## DOWN

1. Basketry, for example
2. New employee
3. Apocalyptic thriller airing on Space which stars the real life couple at #26-Down and #35-Down
4. Make big changes to the corporation

5. Juiceless
6. Calf-length pant
7. Trophy
8. Ms. Angelou
9. Northern \_ (Migratory duck)
10. Lieus
11. Variety of pear
12. Gateways
13. Surrealist artist

- Max
21. Gremlin
26. As per #3-Down... Canadian actor whose credits include "Mercy" and "Me and Orson Welles" (2008): 2 wds.
28. Charge
29. Barn topper
30. Blood-typing letters
31. Stew bit
32. Parka, for one
33. Night flapper
35. As per #3-Down... American actress whose credits include "Volcano" (1997) and "Men in Trees": 2 wds.
36. \_ bread
37. Shooting marble
40. Certain car company
42. One's great for carrying books: 2 wds.
45. Singing span
46. Permit
47. A great deal
48. Appreciation for the tenor!
49. Nick, Joe or Kevin
50. Misbehave: 2 wds.
51. Change the settings back
53. \_ Munroe/Storm (Marvel Comics heroine)
54. Ancient Egyptian falcon-headed god
57. Count on
61. Rock producer Brian

# IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

**Aries** March 21 - April 20  
Be diplomatic when talking to others today, because arguments with authority figures, partners or close friends might arise. Anger will only hinder your progress in achieving what you want to do.

**Taurus** April 21 - May 21  
Difficulties with co-workers are likely today. Refrain from being too opinionated. Remember to listen to the input from others before you state your own case.

**Gemini** May 22 - June 21  
Romantic squabbles are likely based on your own ego and your tendency to cling to their own ideas and way of looking at things. Try to see the other person's point of view as well.

**Cancer** June 22 - July 23  
Tension at home is likely today. This might be related to home repairs that you are tackling or big ideas that you are now starting to entertain regarding real-estate opportunities. Easy does it.

**Leo** July 24 - Aug. 23  
You are quick to anger today because you are impatient. But will this help anything? It's doubtful that it will help anyone. Anger only makes things worse.

**Virgo** Aug. 24 - Sept. 23  
Money squabbles might take place today. These will be anti-productive. Keep in mind that you have excellent money-making ideas to consider during the next 12 months.

**Libra** Sept. 24 - Oct. 23  
Because you might be touchy and irritable today, communications with others will be dicey. Guard against accident-prone behavior due to your own impatience. Chill out.

**Scorpio** Oct. 24 - Nov. 22  
Your mind is quite aggressive today, which is why you might be impatient with others. However, you can use this same mental energy to do excellent research.

**Sagittarius** Nov. 23 - Dec. 21  
Discussions with a friend or a member of a group will be challenging today. Everyone is opinionated! Everyone thinks they are right!

**Capricorn** Dec. 22 - Jan. 20  
Do not challenge bosses, parents and VIPs today, because this will get you nowhere. Don't burn any bridges. Remember to be polite and courteous.

**Aquarius** Jan. 21 - Feb. 19  
Avoid controversial subjects like politics, religion and racial issues today, because they will quickly disintegrate into a nasty argument. Who needs this? Not you.

**Pisces** Feb. 20 - March 20  
Disputes about shared property and inheritances might arise today, which is why this is a poor day for these kinds of discussions. Wait until tomorrow.

## CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

			6	8	9		4	
	1					5		
			5				7	
	3	7		9				
		8		4		1		
				6		4	2	
	7				8			
		2					9	
	8		1	7	6			

Source: Conceptis Puzzles. Grid by King Features Syndicate, Inc.

Get out of debt. Get back in control.

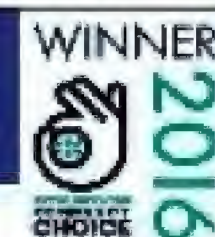
Financial strain and debt can lead to stress and worry. We're here to help!

Talk to one of our experienced Licensed Insolvency Trustees for a free debt consultation.

South | Downtown | West | Northgate

Freida Richer  
Licensed Insolvency Trustee  
Watch Freida's monthly segment on Global News Morning Edmonton!

GT.alger.ca  
780 310 8888



Grant Thornton

Grant Thornton Limited is a member of Grant Thornton International Ltd.





2016 NORTH AMERICAN  
CAR OF THE YEAR

## 2016 CIVIC SEDAN LX AUTOMATIC

**TruePRICE** PLUS A  
\$750 BONUS

**\$21,785\*** plus  
gst only

Models available in 174 HP  
1.5 turbo, charged direct  
injected 162 lb. ft. torque

STK#997151 - Automatic climate control,  
heated front seats, multi angle rearview  
camera, 7" i-MID Display, 158 hp 2.0 L,  
16 valve iVTEC Earthdreams  
technology.



The Honda

**2016**

MODEL

**CLEAROUT**

CAR  
OF THE  
YEAR  
2016



BEST  
SELLING  
CAR IN CANADA  
FOR 18 YEARS  
IN A ROW

Made in Canada  
for Canadians

# TIME IS RUNNING OUT!

ALL-NEW!

## 2017 CIVIC HATCHBACK TURBO LX CVT



**TruePRICE** \$24,411\* plus  
gst only

Stk#20617, 174-hp, 1.5-litre, 16-valve, Direct Injection, DOHC, turbocharged  
4-cylinder, Variable Ratio Electric Power-Assisted Rack-and-Pinion Steering  
(EPS), Drive-by-Wire Throttle System, ECON mode button and Econ Assist  
system, HandsFreeLink bilingual Bluetooth

ALL-NEW

## 2017 RIDGELINE SPORT



**TruePRICE** \$41,441\* plus  
gst only

Stk#1029775, 3.5-litre, 24-valve, Direct Injection, SOHC, i-VTEC® V6 engine with  
280 hp, ECON mode button, Intelligent Variable Torque Management (i-VTM4™)  
AWD system, Intelligent Traction Management System (Snow/Sand/Mud)

JUST ARRIVED!

## 2017 ACCORD SEDAN LX CVT



**TruePRICE** \$27,459\* plus  
gst only

Stk#X1530 2.4 L CVT, 185HP, Alloys, Bluetooth, Apple/Android Car Play,  
Multi-view Back Up Camera, Wi-Fi Tethering.

## 2016 CR-V LX AWD



PLUS A  
\$1,500  
BONUS



**TruePRICE**

\$30,245 CASH | \$27,245\* plus  
- \$3000 INCENTIVE | gst only

Stk#9557, Model RM4H36E1 - 185HP 2.4L 16 valve direct injection iVtec Earth dreams technology,  
multi angle rear view camera, heated front seats, VSA with traction control.

Made in Canada  
for Canadians

## 2016 HR-V LX AWD



**TruePRICE** \$26,241\* plus  
gst only

PLUS A  
\$500  
BONUS

Stk#3100, 1.8-litre, 16-valve, SOHC, i-VTEC® 4-cylinder engine, 141 horsepower @ 6500 rpm and 127 lb.-ft. of torque @ 4300 rpm, 60/40  
Split 2nd-Row Magic Seats, Heated front seats, Multi-angle rearview camera with dynamic guidelines, Single zone climate control  
with air-filtration system, Remote entry system, Display Audio System with HondaLink

**wheatonhonda.com**



ACCREDITED  
BUSINESS

**WHEATON**  
**HONDA**

9688 - 34th ave.

**780.463.7888 • 1.866.463.7885**

\*\$750/\$500/\$1,500 bonus available on any new 2016 Civic sedan/2016 HR-V/2016 CR-V model. Must be leased/financed through Honda Canada Finance Inc. and delivered by October 31, 2016. Bonus can be combined with lease  
or finance rates advertised by HCFI and will be deducted from the negotiable vehicle price after taxes. Price includes freight, PDI, block heater, locking lug nuts, theft protection, tire and rim protection, air tx, tire levy and AMVIC fee.  
Vehicles may not be exactly as illustrated. Offer ends October 31, 2016. Vehicles available at time of printing. See dealer for details.

